

R.E.C. REPORT

recreate energize connect

STUDENT RECREATION CENTER | 618/453-1277 | REC.SIU.EDU | JANUARY 12, 2018

Reminder: Winter Break hours through January 15

Patrons are reminded that the SRC is on abbreviated Winter Break hours through Monday, January 15, 2018. All of the schedules are posted on-line at rec.siu.edu and throughout the SRC (at both north and south entrances). RSS wishes the very best holiday to all of our valued student users, community members, and their families!

Community Day Coming to the SRC!

RSS is sponsoring our first “Community Day” coming to the SRC on Sunday, January 14. Several local news media outlets will be sharing information about the event publicly. Community Day is the brain child of the Recreational Sports Advisory Board.

“It’s a way for the Carbondale and surrounding communities to learn more about the SRC and what we provide for them and help with that New Year’s resolution to become more healthy”, stated Troy Vaughn, Director.

Community Day is scheduled from 1-7 p.m. on a day still considered a “break period” for students. No interruption for students or members should take place. Several events are scheduled such as fitness classes, “Family Fun Swim”, FREE mini massages, a nutrition and wellness seminar, cricket games and other sporting events. The indoor climbing wall will be open as well as the Shea Natatorium for open swim. Check the schedule for more details on-line. Members are welcome as usual!

New members can save 20% on qualifying* memberships when purchased that day only. Parking will be FREE for the day as well. Two free annual memberships will be given for the day – and these are open to anyone – new, non-members, existing members, anyone can win! Existing members that come on Sunday can get a certificate for 10% off annual renewal memberships.

Join the fun and activities on January 14!

Intramural Sports Has Registration Deadline Dates Coming....

Events within the intramural sports programs are first up as students come back and start classes on January 16. Registration deadlines for 4v4 Volleyball and League Basketball are due by January 17 with play scheduled to begin on or around January 21.

Additionally, our Cricket league, played on our cricket pitch on Court #7 in the East Gymnasium, will have a registration deadline of February 7 and a start date soon after.

It’s really easy to register for a team – just log into IMLeagues.com and enter your information. Students and members are encouraged to participate. For more information on IMLeagues, the registration process, or other intramural sports deadlines, please go to rec.siu.edu.

Community Day



January 14, 2018 | SIU Carbondale

