R.E.C. REPORT

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STUDENT RECREATION CENTER | 618/453-1277 | REC.SIU.EDU | JANUARY 23, 2018

Welcome Back Students and Members!

Welcome back to campus students! Some announcements from the SRC for all of you as reminders:

1. You MUST show your current and valid ID card to enter the SRC. Please remember you can register for our scanning system to gain access into the SRC without your ID. Check at Member Services for more information!

2. With colder temperatures with us for extended time over break, the SRC may have been a bit cooler than normal. Several of the hallway heaters are being repaired and parts are on order. We apologize for the inconvenience and will do our very best to make you comfortable as you visit the SRC.

3. Just a reminder about proper dress for the weight rooms. Patrons must wear a seamed shirt while using these spaces. Specific policies are located outside of each room.

Faces of SIU, January 24th

Come to the reception area at the Student Recreation Center and share with us "What does Salukis in Unity mean to you?". We will take your picture and post it to our RSS social media account. #salukisinunity

Check out our Array of Fitness Opportunities…

RSS has over 35 scheduled fitness classes weekly over six days of every week. We also have many personal training options to help you attain any of the fitness-related New Year's resolutions that you may have. Sign up for Salsa Dancing, Boxing, Thai Boxing, Kickboxing or Shotokon Karate at **online.rec.siu**. Check out our website at rec.siu.edu for more information!

West Gymnasium Offline for 2018 Student Lead On Conference

The West Gymnasium will be unavailable from Thursday, January 25 to mid-day Saturday, January 27. The space will be utilized for staff and students involved with the conference. Additionally, the Martial Arts Studio will also be offline and unavailable for the evening of Wednesday, January 24. RSS apologizes for any inconveniences this may cause.

Come Celebrate 40 years with the SRC!

Come celebrate 40+ years of service in the SRC as we announce our 40-year celebration and dedication of our new "History Wall" taking place on Saturday, January 27, 2018 at 4PM. The event will be held in the lower level of the SRC. Special guests will be present to help us celebrate over 40 years of service to SIU students, members, and our community.