

R.E.C. REPORT

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STUDENT RECREATION CENTER | 618/453-1277 | REC.SIU.EDU | OCTOBER 31, 2017

SRC Announces Thanksgiving Break Facility Hours

The Student Recreation Center (SRC) will have the following facility hours for the Thanksgiving Break holiday:

Wednesday, November 22:	5:30am - 7pm
Thursday/Friday, November 23/24:	CLOSED
Saturday, November 25:	8am - 7pm
Sunday, November 26:	1pm - 10pm (regular hours)



- For specific Shea Natatorium (pool), Member Services hours, and fitness class schedules, please go to rec.siu.edu

SIU Students, need a job?

Recreational Sports and Services will again be hosting their annual Fall Hiring Blitz on November 14-16. We are hiring for several positions within the SRC during this 3-day period. All applications will be taken on-line ONLY during this period. Positions that work in the SRC, competitive sports, fitness, and many others will be looking for quality student applicants. If hired, employment usually commences immediately after the blitz or at the beginning of the year. We are especially looking for local students that can work over weekends and breaks.

All available positions will be available for viewing online. Starting on November 14, you can click to rec.siu.edu and complete the online application. Try and be one of our 300+ student employees! Apply November 14-16!



Happy Birthday SRC!!!

While there are many dates associated with the "official" or even "unofficial" opening of the SRC, the SRC was dedicated "officially" on November 5, 1977. The building had already opened by then, but the SRC will be doing several things in the coming months to commemorate our 40th birthday! Stay TUNED for information and a fun celebration ceremony in late January!

NCHA SURVEY

The National College Health Assessment survey is closing November 6th! Check your SIU email to see if you were selected. Complete the survey to be entered into a drawing for Saluki Under Armour clothing and a Student Center Bookstore gift card. Winners will be notified by email prior to Thanksgiving break!

RMR Fundraiser

RMR stands for resting metabolic rate. An RMR reading will allow you to see how many calories you burn while at rest, allowing you to accurately count your calories. Revenue from RMR sales through February 6 will go toward the Fitness Staffs' professional development, helping US better serve YOU, by supporting our trip to the Midwest Fitfest conference! For more information, visit: rec.siu.edu/events/rmr-fundraiser

