

INDOOR TRIATHLON

February 4 - March 1

Triathlon

\$10 per Participant

BEGINNER

GPP

General Physical Preparedness
Southern Illinois University - Spring 2019

Begins February 5

\$30 Student \$35 Member \$45 Non Member

Begins January 30

ADULT SWIM LESSONS

\$50 Student \$50 Member \$60 Non Member

Rec your body
INDOOR TRIATHLON

February 24

\$25 Entry Fee

STU TRIATHLON TEAM
There's NOT a crowd... It's a SPORT!

Begins February 4

THAI BOXING

\$85 Student \$90 Member \$100 Non Member

Begins February 4

BOXING

Spring Semester 2019

\$85 Student \$90 Member \$100 Non Member

KICKBOXING

Begins February 5

\$55 Student \$60 Member \$70 Non Member

Begins January 26

YOUTH SWIM LESSONS

\$45 Student \$45 Member \$55 Non Member

Begins January 26

YOUTH CLIMB LESSONS

\$55 Student \$55 Member \$65 Non Member

Begins March 19

YOGA ON THE WATER

spring semester 2019

\$30 Student \$35 Member \$45 Non Member

Begins March 19

Salsa Dance

\$30 Student \$35 Member \$45 Non Member

May 4

ROCKY LEDGES 5K/10K

Advanced: \$30 - Adults \$20 - 17 & Under
Day of: \$35 - Adults \$25 - 17 & Under

RL 5K