

SIU Student Recreation Center

R.E.C. REPORT

Recreate. Energize. Connect.



MEMBERSHIP SPECIAL: REFER A FRIEND IN FEBRUARY



All Members are encouraged to refer a friend to become a member! Members who refer a friend will receive a \$10 credit towards a future membership purchase at the SIU Student Recreation Center. Friends who are referred by a Member will receive \$10 off the cost of a new membership.

Members can be credited \$10 up to 5 times for a maximum credit of \$50 if they refer up to 5 new members. Offer good through the month of February 2019.

Offer good only for:

- Memberships valued at \$40 or more
- Membership purchases paid in full at time of purchase - no EFT or Payroll Deductions
- \$10 off of new Membership (cannot apply multiple "friends" for multiple savings on one purchase)
- All credit obtained through this promotion will expire 2/28. Unused credit may not be redeemed for cash

BRING A FRIEND FOR FREE ON VALENTINE'S DAY



On Thursday, February 14, current RSS Members and SIU Students can bring one friend in for FREE admission to the SIU Student Recreation Center.

- You must be with your friend during entry to sign them in
- Limit one friend per Member/Student
- Friend must be 18 years of age or older

Offer expires 2/14/19 at 10:00 p.m. when the facility closes.


FULL-TIME EMPLOYEE SPOTLIGHT



Paul Lannom
Building Service Sub-Foreman

This week in Student Affairs we recognize Paul Lannom. Paul is the building services sub-foreman for Recreational Sports and Services. He has been with Rec Sports for 12 years and on-campus for over 20 years. In his role managing custodial and program set-ups, he is extraordinarily hard-working, knowledgeable and most importantly, positive. He always makes sure he gets to know the patrons and students who use the Student Recreation Center. Paul will always give, but expect nothing in return because that's the type of person Paul is. His friendliness, positive attitude and work ethic will be hard to replace when he retires this June. Paul truly has an attitude of gratitude. Congratulations Paul!

Upcoming Dates:

- **Saluki Tri-Fitness Challenge**
February 4 - March 1
- **Boxing**
February 4
- **Thai Boxing**
February 4
- **Beginning GPP**
February 5
- **Kickboxing**
February 5
- **Bring a Friend for FREE on Valentine's Day**
February 14 
- **President's Day**
February 18
Normal Operating Hours
5:30 a.m. - 10:00 p.m.
- **RSS Game Night**
February 22
- **Polar Plunge & Donut Dash 5K**
February 23
- **Rec Your Body Indoor Triathlon**
February 24
- **Spring Break**
March 9 - 17
Spring Hours are listed on our website at rec.siu.edu/hours

EMPLOYEE OF THE MONTH



Dec. 2018: Mychal Gibbens