Program Deadlines are Approaching

Several program deadlines for Recreational sports are closer than you think!

Some of these programs include:

• Intramural sports registration deadlines for a variety of team and individual sports
• Fitness special events
• Rocky Ledges 5K Trail Run
• Rec Your Body Indoor Triathlon

Please click to rec.siu.edu to see all of the spring programs that we currently have open for registration!

Spring Break Hours for the SRC

Student Recreation Center (SRC)
Spring Break Hours
March 10-18, 2018

Saturday, March 10  8am – 7pm
Sunday, March 11  1pm – 7pm
Monday, March 12  4pm – 8pm*
Tuesday, March 13  5:30am – 7pm
Wednesday, March 14  5:30am – 7pm
Thursday, March 15  5:30am – 7pm
Friday, March 16  5:30am – 7pm
Saturday, March 17  8am – 7pm
Sunday, March 18  1pm – 10pm (regular hours)

* Monday, March 12 is a university-designated holiday

For break hours for Shea Natatorium and Member Services, please go to rec.siu.edu for more information