

RECREATIONAL SPORTS AND SERVICES 2020 SPRING CLASSES

Starts January 20

BOXING

Starts January 20



Starts January 23

SABRE FENCING



YOUTH CLIMB

LESSONS

Session 1
Begins January 25

Session 2
Begins March 21

YOUTH SWIM

LESSONS

Session 1
Begins January 25

Session 2
Begins March 21

Adult Swim Lessons

Session 1
Begins January 29

Session 2
Begins March 19

VISIT **REC.SIU.EDU** FOR INFO AND REGISTRATION



Feb 3 - Feb 28

SALUKI TRI-FITNESS CHALLENGE

RUN 26 MILES
SWIM 2 MILES
BIKE 112 MILES

Starts February 6

SPRING BREAK BOOT CAMP



February 13

LOVE AT FIRST ONSIGHT

Indoor Climbing Competition

Rec your body
INDOOR TRIATHLON



March 1

\$25 Entry Fee

Starts March 17



Salsa Dance

SCUBA DIVING CERTIFICATION

Registration deadline is
Wednesday, March 25

Class Dates:

Friday, April 17, 7pm - 8pm
Saturday, April 18, 9am - 5pm
Sunday, April 19, 9am - 5pm

Employee of THE MONTH

November 2019



Alex Valladares

Employee of THE MONTH

December 2019



Ashley Hummel