SIU Student Recreation Center R.E.C. REPORT October 2020 **Recreate. Energize. Connect.** FIDOL @SIURecCenter

Facility Guidelines: REC.SIU.EDU/GUIDELINES

Hours: REC.SIU.EDU/HOURS



Moonlight Paddle Wrap-up:

A full Moon rose over Campus Lake to light the water for 120 Salukis during two nights of Moonlight Paddle on Campus Lake. The Harvest moon created the perfect reason for Recreational Sports and Services and Touch of Nature to join forces and provide students an opportunity to access the lake.

With COVID-19 putting a damper on social gatherings, staff from both departments strategized to be able to offer this fun activity while still adhering to social distancing, mask wearing, and sanitization of surfaces. Students were instructed to preregister for one of three time slots over the course of the two evenings. They were also asked to determine which kind of watercraft they wanted to use: Canoe, Pedal boat, Kayak or Stand Up Paddle Board. Weather conditions ended up cooler than anticipated so anyone who reserved a Stand Up Paddle Board was shifted to a Kayak to reduce chances of falling into the water.

All boat surfaces, paddles and life jackets were sprayed with an ionized sanitizing solution between each use. Participants wore masks except when out on the water.

Student participants expressed gratitude for the opportunity; many asked if there would be more events like this. For some it was their first experience paddling a kayak or canoe and the student staff from Touch of Nature were there to do quick tutorials. Rec Center Life guard staff rode the patrol boat keeping an ever watchful eye out for anyone in distress. Although temps dropped down into the 50s, students were not deterred.





IM Softball Championship

Eight teams of eight students participated in the Fall 2020 Intramural Softball Tournament. Due to the double elimination format, teams were guaranteed two games. Our intramural softball tournament champions, 2v2, did not lose a single game on the path to the championship game on Monday, September 21st. In the first game of the championship, 2v2 dominated their opponent to secure their victory. The final score was 21 to 3. Congratulations to 2v2 for winning the Fall 2020 Intramural Softball Tournament!

IM Sports Sign-Ups:

4v4 Flag Football Tournament Registration closes: Oct. 14 Season: Oct. 18 - 29

Football Skills Challenge Registration closes: Oct. 14 Season: Oct. 18 - 29

4v4 Volleyball Tournament **Registration closes: Oct. 27** Season: Nov. 2 - 19

FIFA

Registration closes: Oct. 28 Season: Oct. 18 - 29

Rocket League Registration closes: Oct. 28 Season: Nov. 2 - Dec. 4

Soccer Skills **Registration closes: Oct. 28** Season: Nov. 2 - 19

Group Fitness

PROJECT UPDATES:

Our marketing team has been very busy designing wall graphics to improve the overall look of the Student Recreation Center.

RSS and Saluki Athletics have partnered to provide new turf flooring in the REC Center's West Gym. The space was outfitted with new LED lighting as well. Cage netting will be installed to accommodate safe practices by the following athletic teams: Softball, Soccer, and Baseball. Additionally, the turf courts will be put to use by various **Club Sports, Intramural Sports, and Fitness** classes. The turf flooring is not permanent and can be removed if additional wood floor court space is needed for activities.



Schedule: **REC.SIU.EDU/GROUPFITNESS**



August 2020 **DOUGLAS ANDRACKI**





