

**Intramural Sport Handbook
2025- 2026**



**Competitive Sports Office of
Southern Illinois University**

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Contact Information

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The Competitive Sports Office reserves the right to change or modify the policies and procedures contained within this document at any time and with reasonable notice.



SOUTHERN ILLINOIS UNIVERSITY
**RECREATIONAL SPORTS
AND SERVICES**

Employment Opportunities

The Competitive Sports Office and Recreational Sports and Services strongly believes in developing our students for their future careers and lives. Competitive Sports are a fun and challenging experience that will teach leadership skills, instill confidence, strengthen communication, and develop decision making skills. Please contact the Competitive Sports Office if you have any questions.

Sport Officials

The Competitive Sports Office is always seeking great students to serve as sport officials. Since we are student focused, student hours are very flexible.

The RSS Sports Official is charged with ensuring fair and safe play by enforcing Competitive Sports and RSS rules, policies, and procedures during Intramural sport contests. As a group, sport officials serve as impartial arbiters, applying rules and rule interpretations on a situational basis. Through his or her actions, the RSS Sport Official serves as an educator, teaching the value of fair play, positive sporting behavior, emotional management, and effective communication.

Duties:

- Officiate scheduled intramural sports contests and RSS special events.
- Assist the Competitive Sports Supervisor in performing routine safety inspections.
- Assist the Competitive Sports Supervisor with pre-contest and post-contest tasks.
- Assist the Competitive Sports Supervisor in enforcing Competitive Sports, RSS, and SIU rules, policies, and procedures.
- Attend all required Competitive Sports and RSS meetings and training sessions.
- Complete post-game reports as required.

Qualifications:

- A general knowledge of sports
- Ability to receive and apply constructive feedback.
- Ability to work independently and with co-workers.
- High degree of integrity and trustworthiness
- Effective written and verbal communication skills
- Effective customer service, conflict management, and decision-making skills
- Ability to work evening and weekend hours.

Preferred Qualifications/Skills

- Prior Sports Officiating Experience
- CPR/First Aid/AED certification

Sport Supervisors

Employees that excel as a Sport Official, or have previous supervisory experience, may be asked to serve as Competitive Sports Supervisors, taking on a larger role in the success of the Competitive Sports Program.

The RSS Sport Supervisor is responsible for supervising competitions and events and enforcing competitive Sports and RSS rules, policies, and procedures. Sport Supervisors serve as an educator and supporter of officials, rule and handbook experts, and decision makers for conflicts and incidents. RSS Sport Supervisors play a critical role in ensuring safe and fair competition for intramural and sport club events.

Duties

- Supervise and manage nightly RSS events and intramural activities.
- Help lead sport trainings.
- Evaluate officials and provide feedback on a nightly basis.
- Assist with the management and supervision of sport clubs.
- Monitor sport club practices and competitions.
- Monitor use of RSS and intercollegiate athletic facilities.
- Complete daily paperwork and reports which include score sheets, official feedback, incident/accident/ejection forms.
- Assist with the management and maintenance of the Competitive Sports equipment inventory.
- Enforce Competitive Sports, RSS, and Intercollegiate Athletics policies and procedures.

Preferred Qualifications

- Previous Supervisory experience
- Ability to receive and apply constructive feedback
- Strong decision-making skills
- Effective customer service, conflict management, and decision-making skills
- Good time management skills
- Good communication skills

Required Qualifications/Skills

- Prior Officiating Experience
- CPR/First Aid/ AED Certified
- Have a valid driver's license
- Ability to work evening and weekend hours

Purpose

The Intramural Sport handbook is designed to educate players about the general policies and procedures that govern all intramural sport activities sponsored by the Competitive Sports Office and Recreational Sports and Services (RSS). Please understand that all players are expected to review this handbook prior to participation, and failure to review the handbook is not an excuse for failure to comply. By registering for competition, players agree to abide by the policies and procedures outlined in this handbook and to comply with the decisions and requests of Competitive Sports staff.

RSS Mission Statement

The purpose of Recreational Sports and Services is to enhance the quality of life for our students and the SIU community by providing dynamic opportunities in safe facilities and environments.

Recreational Sports and Services engages patrons to promote wellness through social interaction and healthy lifestyles.

We strive to be professional, knowledgeable, and resourceful while embracing creativity and inclusivity.

RSS Statement of Inclusivity

At SIU, we celebrate a rich history of diversity within our student body and acknowledge this strength as a proud foundation to build upon. We recognize and value the diversity of our faculty, staff, and campus leadership. SIU is committed to being mindful of the voices of the diverse campus community.

Additionally, Recreational Sports and Services (RSS) will continue to...

...Champion the chance for ALL to participate and contribute to their highest potential. We are dedicated to equal opportunity and inclusion for all people regardless of race, color, religion, sex, national origin, age, disability, veteran status, sexual orientation, familial status, gender identity or genetic information.

We are committed to providing safe spaces for all participants. In an effort to accommodate all of our members, we provide multiple workout areas to address various skill, ability, and individual comfort levels. We respect inclusive excellence and provide gender inclusive restrooms and gender inclusive changing rooms. Please see individual area signage within the Student Recreation Center (SRC) for more information and facility/program policies.

Release of Liability, Waiver of Claims, Assumption of Risk, and Indemnity Agreement

When registering for intramural sport leagues, tournaments, and contests, each player will read and agree to the following Release of Liability, Waiver of Claims, Assumption of Risk, and Indemnity Agreement (i.e. "Release"). If the player chooses not to accept the terms of the Release, they cannot complete the registration process.

RELEASE OF LIABILITY, WAIVER OF CLAIMS, ASSUMPTION OF RISKS, AND INDEMNITY AGREEMENT

This is a legally binding Release of Liability, Waiver of Claims, Assumption of Risks and Indemnity Agreement (collectively, "Release"), made voluntarily by me, the undersigned Releasor, on my behalf, and on behalf of my heirs, executors, personal representatives, legal representatives, assigns, and next of kin to the Board of Trustees of Southern Illinois University and Southern Illinois University Carbondale and their officials, representatives, agents, volunteers and employees and Intramural Sports. As the undersigned Releasor, I acknowledge and fully understand that there are dangers and risks to which I may be exposed by participating in Intramural Sports activities. These dangers and risks include bodily injury, permanent disability, paralysis and death. These dangers and risks may be caused by my own actions, or inactions, the actions of others participating in Intramural Sports activities, the condition in which the activity takes place, or the negligence of the "Releasees" named below. I understand that participating in Intramural Sports while under the influence of alcohol and/or drugs is prohibited and I agree that I am not under the influence of alcohol and/or drugs. There may be other risks and social and economic losses either not known to me or not readily foreseeable at this time, and I fully accept and assume such risks and all responsibility for losses, costs and damages I incur as a result of my participation in the activity.

I hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless the Board of Trustees of Southern Illinois University and Southern Illinois University Carbondale and their officials, representatives, agents, volunteers and employees and Intramural Sports, its owners, employees, agents, other players, event sponsors, and, if applicable, owners and lessors of the premises on which the activity takes place (each considered one of the "Releasees" herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "Releasees" or otherwise.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by the law. I further agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect. I verify that I am at least 18 years of age and competent to sign this agreement.

THIS IS A RELEASE OF LEGAL RIGHTS. READ AND BE CERTAIN YOU UNDERSTAND IT BEFORE SIGNING.

If you have any questions regarding the language or details of this document prior to signing, please contact Come Prozesky at 618-453-1277



SOUTHERN ILLINOIS UNIVERSITY
**RECREATIONAL SPORTS
AND SERVICES**

Photo & Video Disclaimer

The Competitive Sports Office, RSS Marketing employees, and other University employees may photograph or videotape players during scheduled activities for use in various University and departmental marketing campaigns and promotional materials. If you do not wish to be photographed or recorded during intramural sport participation, please notify a professional staff member of Recreational Sports and Services.

Current Sport Offerings

Please visit our [RSS intramural sports webpage](#) or our [IMLEAGUES school page](#) to view the current schedule. Current sport offerings are subject to change at any time, and the Competitive Sports Office does not guarantee that any league, tournaments, or contests will be offered as scheduled.

Eligibility

Students

- On-Campus Enrollment
 - Undergraduate and graduate students must be currently enrolled for at least six credit hours.
 - If enrolled for less than the minimum hours, participants must purchase a semester or annual RSS Membership.
- Off-Campus/Online Enrollment
 - Undergraduate and graduate students must purchase an inactive student membership.

Faculty/Staff

- Currently employed SIUC faculty and staff who have purchased a semester or annual RSS membership may participate in intramural sports.
- Adjunct faculty members who have purchased a semester or annual RSS membership may participate.

Non-SIU Affiliated Individuals

- RSS members, partners, and dependents must purchase a semester or annual membership.
- RSS members, partners, and dependents under eighteen years of age cannot participate.
- Guests of RSS members, partners, and dependents may not participate in intramural sports.

Professional and Semi-Professional Athletes

- Any individual that has received payment for trying out for a professional or semi-professional league or for participating in a professional or semi-professional league is ineligible for registering for their sport or related sport for a period of **three calendar years (1,095 days)** after their official affiliation with the team has ended.
- Professional and semi-professional athletes may participate in all non-related sports.
- Please review the related sports table for more information.

Varsity Athletes

- Any individual that appears on the roster for a collegiate varsity team (e.g., NJCAA, NCAA, NAIA, etc.) is ineligible for participation in their sport or related sports for **one calendar year (365 days)** from the end of their official affiliation with the collegiate team.
- Current and former varsity athletes may participate in non-related sports.
- Please review the related sports table for more information.
 - **The Competitive Sports Office reserves the right to consider any sport closely related to any SIU varsity sport.**

Sport Club Athletes

- A sport club athlete is defined as any student that appears or appeared on the roster for an RSS recognized sport club during the current academic year.

- For all related sports, a maximum of two (2) sport club members may participate on a single team.
- Please review the related sports table for more information.

Related Sports

Professional/Varsity Sport or Sport Club	Related Intramural Sports
Baseball/Softball	Softball
Basketball	Basketball
Football	Flag Football
Soccer	Soccer
Volleyball	Volleyball
Cornhole	Bags
Tennis	Tennis / Pickleball
Dodgeball	Dodgeball
Golf	Bucketgolf

Gender Identity

All eligible intramural sport participants may play in accordance with their personal gender identity. A player's gender identity will be captured via the IMLEAGUES website. Individuals of all gender identities may register for the open, open competitive, or open recreational leagues or divisions for each league, tournament, and contest.

The Competitive Sports Office understands that gender identity is a complex process that can unfold over an extended period. Transgender participants are encouraged to communicate any issues regarding participation with the Coordinator of Competitive Sports. If the player does not feel comfortable working with the Coordinator of Competitive Sports, the individual is welcome to contact the RSS Program Director.

Registration

SIUC students and RSS members must register for all sports on the IMLEAGUES website or app. Players are expected to sign up during the posted registration and periods for each sport. Registration periods are typically two weeks in length. Once a team is created, players may join the team during regular season play via the website or app. Players may not join a roster once postseason play has begun. Roster limits and other restrictions may impact joining a team.

Waitlist registration is typically available for league sports, giving players and teams an additional opportunity to register for the league after regular season play has begun. Late registrations may or may not be accepted for tournaments and contests. The Competitive Sports Office will not guarantee placement in the league after the official registration period has ended.

Free Agents

SIU students and RSS members who are unable to find a team may sign up as free agents. Please visit the IMLEAGUES web site or app to register as a free agent. Team captains may contact free agents, and the free agent may choose to join that team or decline the invitation. Free agents may also initiate the process by contacting captains. Please contact the Competitive Sports Office for instructions and help.



Team Captains

Each team is required to have a captain and a co-captain. Each team captain serves as the point of contact between the Competitive Sport Office and their team. Having multiple captains increases effectiveness of communication regarding important information. Multiple team captains also serve to increase rule knowledge and management of teammates. Team captains are charged with communicating all information received from Competitive Sports staff to their team in a timely manner.

Captains' Responsibilities

- ✓ Reviewing the SIU Intramural Sport Handbook and relevant sport rules
- ✓ Respond to calls and emails from the competitive sports office
- ✓ Ensuring that team members understand and comply with Competitive Sports policies and procedures.
- ✓ Provide accurate team availability for pool play and postseason of each sport.
- ✓ Checking the eligibility of all team members
 - This responsibility includes preventing violations of the Competitive Sports ID policy.
 - All present captains are subject to suspension for ID violations.
- ✓ Verifying that all team members have officially checked in for the contest.
- ✓ Verifying that all team members are currently listed on the official roster.
- ✓ Notifying their team members of the date, time, and place of each scheduled contest
- ✓ Bear responsibility for the behavior of the team and anyone affiliated with the team.
- ✓ Check the accuracy of the contest results on the IMLEAGUES web site.

Sport Chair

The sports chair is a designated individual that may create teams on behalf of their SIU student organization. A sports chair can create multiple teams within and across leagues. However, a sport chair must follow league eligibility rules when choosing to join a team. To become a sports chair, please submit a request to the Competitive Sports Office (siucompsports@siu.edu).

Registration Instructions

1. Visit Recreational Sports and Services' Fusion portal (online.rec.siu.edu)
2. Use Login Credentials
 - A. (CURRENT STUDENTS & FACULTY/SATFF) Log in using your SIU credentials.
 - i. Username: SIU + nine-digit Dawg Tag
 - ii. Password: Current SalukiNet password
 - B. (RSS MEMBERS) Log in using your RSS member credentials.
 - i. Username: RSS Member Number (Omit the dash)
 - ii. Password: Fusion Portal Password
3. Select "Competitive Sports" by clicking the whistle.
4. Click the IMLEAGUES Banner
5. You should immediately log into IMLEAGUES.

Leagues

To accomplish our mission to provide the SIU community with a fun, engaging, and appropriately challenging recreational experience, the Competitive Sports Office offers different leagues and divisions for our sports. The number of teams participating in a league will determine the variety of leagues and divisions. When the number of team registrations for a particular league is low, the Competitive Sports Office reserves the right to consolidate leagues.

Open Leagues:

- ✓ Open leagues have no gender restrictions for eligible players.
 - Open - Competitive: The competitive league appeals to teams and individuals who desire a high level of competition. Players in this league typically played the sport at the scholastic, collegiate, or recreational level.
 - Open - Recreational: The recreational league appeals to players and teams of various skill levels who desire a more relaxed and fun atmosphere with some occasional competitive matchups.

Greek Leagues:

To be eligible for participation, players must be listed on the Greek organization's official roster on file with SIU Fraternity and Sorority Life.

- ✓ Greek – Fraternities: Teams in this league represent a fraternal organization officially recognized by the Interfraternity Council, Multicultural Greek Council, the National Pan-Hellenic Council, and SIU Fraternity and Sorority Life.
- ✓ Greek – Sororities: Teams in this league represent an organization officially recognized by the College Panhellenic Association, Interfraternity Council, Multicultural Greek Council, the National Pan-Hellenic Council, and SIU Fraternity and Sorority Life.
- ✓ Greek – Co-recreational: Teams in this league represent fraternity and sorority organizations that are officially recognized by the Interfraternity Council, Multicultural Greek Council, the National Pan-Hellenic Council, and SIU Fraternity and Sorority Life.

Waitlist

After the registration deadline has passed for scheduled league sports, teams and individuals may register for the waitlist. Waitlisted teams may be placed into the league if (a) time slots are available, (b) teams are removed due to poor sporting behavior, and/or (c) a team captain requests that his or her team be removed from the league or tournament.

Since games may have already been scheduled, a waitlisted team must accept the division and game time(s) offered by the Competitive Sports Office. If a waitlisted team has not been contacted prior to the final day of regular season or pool play, the Competitive Sports Office recommends that the players attempt to join other teams as free agents.

Sport Quizzes & Presentations

For each team sport, the team captain must complete an online quiz to complete team registration. The quiz will test captains' knowledge and understanding of the policies and procedures detailed in the current version of the SIU Intramural Sport Handbook, the rules presentation for that sport, and the sport rules.

Rules presentations for each sport will be posted on the IMLEAGUES website. Players can review the rules presentation during sport-specific quizzes and by visiting the league page for each sport.

Team Names

The Competitive Sports Office reserves the right to change any team names or icons. Please use proper judgement when selecting team names. If you are unsure about the chosen name, please contact us for guidance.

Names that include or reference the following are prohibited:

- ✓ Vulgarity
- ✓ Sexually explicit acts
- ✓ Violent acts
- ✓ Discrimination (race, religion, color, national origin, age, sex, sexual orientation, weight, disabilities etc.)
- ✓ Organizations or individuals that support ideals and beliefs that are antithetical to the University's commitment to anti-racism, diversity, equity, and inclusion.

Roster Information

- ✓ Non-Greek players may play for one team in each open league.
 - Example: A player may play for one team in the open-competitive league and for one team in the open-recreational league.
- ✓ Official members of a SIU fraternity or sorority may create and join one team in a Greek league and a team in each open league.
- ✓ Eligible players may be added to a team's roster during the regular season. Team captains are responsible for ensuring that all participating players are officially on the roster.
 - Each sport has a roster limit.
 - Without the permission of the Coordinator of Competitive Sports, additional players may not be added beyond the roster limit.
- ✓ Roster additions may not be allowed during the postseason of league sports.
- ✓ A player is considered to have officially played for a team once he or she has checked in for a team's game or match. Without approval from the Competitive Sports Office, that player may not transfer to another team for the duration of that sport.

All-Campus Cup

The All-Campus Cup encourages participation in Intramural leagues, tournaments, and activities across various divisions. Teams and individuals earn points based on sport classification (gold, silver, or bronze), performance, defaults, forfeits, and Sporting Behavior Rating (SBR).

Open Divisions

- ✓ Current Southern Illinois University students and RSS members are eligible.
- ✓ Official team rosters are limited to twenty-five (25) participants managed by the Competitive Sports Office, allowing additions and deletions throughout the year. Teams may forfeit all accumulated points if players are not on the official roster.
- ✓ To aid with point tracking, teams should declare their team name with their affiliation in parentheses to qualify for points, e.g., "One Hit Wonders (ROTC)." Additional points are awarded for additional teams in each sport.

Fraternity and Sorority Divisions

- ✓ Sororities and Fraternities in good standing are eligible.
- ✓ Team members must be registered with their respective fraternity or sorority. The Competitive Sports Office requests official rosters from the office of Fraternity and Sorority Life.
- ✓ Fraternities and sororities **will not** receive any points for teams entered in the open division.

All-Campus Cup Point System

	Gold	Silver	Bronze
REGULAR SEASON			
Participation	50	25	10
Win (Competitive League 10pts)	5	5	5
Tie (Comp. League 7 pts)	3	3	3
POSTSEASON			
Champion	50	25	15
Runner Up	43	20	10
Win	10	5	5
BONUS			
4.0 or Higher SR	50	25	-
Extra points for additional teams	10	5	5
DEDUCTIONS			
3.0 or lower SR (Regular Season)	-20	-10	-
Forfeits	-25	-13	-5

Sports Breakdown (Gold/Silver/Bronze)

Gold	Silver	Bronze
Softball	Innertube Water Polo	Disc Golf
7v7 Flag Football	Canoe Battleship	Tennis
6v6 Volleyball	Dodgeball	Pickleball
5v5 Basketball	4v4 Flag Football	Bags
Outdoor Soccer	4v4 Volleyball	Spikeball
Futsal	Kickball	Table Tennis
3v3 Basketball	Ultimate Disc	Pull Up Competition
		Bucketgolf

Scheduling Format

Team League Sports

- ✓ Teams will provide their daily availability during the registration period. League sports will typically have a two-week to three-week regular season followed by a single or double elimination post-season tournament.
- ✓ Since captains can select their playing day and time and/or provide the team's availability, the Competitive Sports Office may not accept requests to reschedule regular season contests.
- ✓ At the conclusion of the regular season, the postseason bracket will be created and posted for the captains' review.

- ✓ Due to scheduling restraints, the Competitive Sports Office may not honor team availability or rescheduling requests during the postseason.

Team Tournament Sports

- ✓ Teams will provide their time availability during the registration period.
- ✓ Team tournaments may have a short pool play section followed by a single elimination or double elimination tournament.
- ✓ Due to scheduling restraints, the Competitive Sports Office may not honor team availability or rescheduling requests during the tournament.

Individual/Dual League & Tournament Sports

- ✓ The Competitive Sport Office will provide weekly matchups.
- ✓ The Competitive Sports Office will create a 3 or 4-day double elimination tournament that will run Monday through Wednesday/Thursday. The tournament length will be based on the number of registered teams.

Contests/Competitions

- ✓ These contests and competitions are annual events that are scattered throughout the academic year.
- ✓ The registration process will vary by contest/competition.

Policies & Procedures

SIU ID and RSS ID Policy

Each player may be required to present their SIU or RSS ID when checking in for each contest. If a player cannot present their SIU or RSS ID when asked, he or she may not be allowed to play. Other forms of identification (e.g., state issued identification, Facebook profiles, SalukiNet class schedules) may not be accepted.

If a player attempts to sign in using the SIU or RSS ID of another individual, the player will not be allowed to participate. **The guilty player, the owner of the SIU or RSS ID, and the team captains shall be suspended from all Competitive Sports activities and RSS facilities until all individuals meet with the Coordinator of Competitive Sports.**

Photography Policy

Except for restrooms and locker rooms, personal and academic photography and videotaping are permitted in RSS facilities.

- Personal photography and videotaping is defined as media of friends/family obtained informally for personal/private use. Personal photography used for commercial purposes is not permitted.
- Academic photography and videotaping is defined as media obtained and/or reproduced for academic purposes including class projects, University promotions and information. Academic photography must be approved by [Corne' Prozesky](#), Director of Recreational Sports and Services.

Taking photos or videos of individuals without their consent or the consent of RSS is prohibited and is cause for immediate removal from RSS facilities and possible suspension from RSS facilities.

Pets

Owners are solely responsible for the behavior and actions of their pets. Pets must always be leashed and under control. Control is defined by a person always holding the pet's leash. Tying the pet's leash to objects is not considered control. All pet droppings must be picked up immediately. There are designated locations with dog waste stations to assist with the removal of pet droppings.

Service Animals

Service animals are allowed at all RSS facilities and the Track and Field Complex. Service animals, as defined by SIU Office of Access and Accommodations, are “any **dog** that is individually trained to do work or perform tasks for the benefit of an individual with a disability, including a physical, sensory, psychiatric, intellectual, or other mental disability” ([SIU Disability Support webpage](#)).

All other pets, including emotional support animals, are not permitted in the Student Recreation Center and on the playing surfaces of the Recreational Sport Complex, Lew Hartzog Track and Field Complex, Upper Arena Fields, and Sam Rinella Fields.

When any animal becomes uncooperative or appears to be a possible threat, Competitive Sports staff reserves the right to ask owners and their pets to leave the facility.

Proper Attire

All attire and equipment are subject to the approval of Competitive Sports staff. Any clothing or equipment that is deemed unsafe or illegal must be removed prior to competition. Competitive Sports staff reserves the right to ask players to remove or conceal clothing that displays offensive or demeaning language or imagery.

Athletic attire is required for all sports. Athletic attire is typically breathable and loose fitting to allow a player to perform physical movements safely and effectively. Non-athletic clothing may lead to injury. Players are required to wear athletic shoes (e.g., basketball shoes, running shoes, tennis shoes) for all sports. For outdoor sports such as flag football and softball, molded rubber cleats, molded rubber cleats with metal tips, and screw-in cleats with studs are allowed. For soccer, molded rubber cleats are allowed. Spiked cleats and screw-in metal cleats are prohibited for all sports.

Illegal Equipment

The following equipment is always illegal for intramural sports:

- ✓ Jewelry (e.g., earrings, rings, nose rings, bracelets, necklaces etc.) must be removed prior to each contest. Individuals with permanent or non-removable jewelry will not be allowed to participate.
- ✓ Casts worn above or below the waist.

The following equipment may be considered illegal for certain intramural sports:

- ✓ Headwear containing any hard and unyielding materials or exposed knots.
- ✓ Pads or braces made of hard and unyielding materials worn above and/or below the waist.

Competitive Sports staff have the authority to determine the legality of equipment at any time and to request that the player and/or illegal equipment is removed from play.

Rules

All SIU intramural sports rules are based on the current rules publications of the National Federation of High Schools (NFHS), National Intramural-Recreational Sports Association (NIRSA), and other relevant professional and recreational associations. When appropriate, rules are modified and/or created to level the playing field and to foster a safe and enjoyable experience for all players. **The SIU intramural sports rules shall take precedence when there is a conflict between SIU IM Sport rules and the rules of national governing bodies.**

Defaults, Forfeits, & Grace Periods

Defaults

A default is a cancelled game. There are two types of defaults.

1. The team captains have notified the Competitive Sports Office by 4:00 PM on the day of the contest.
2. After the grace period(s), a team is one player short of the minimum required to play a contest.

Forfeits

A forfeit is defined as one of the following:

- (a) Failing to field a team for an intramural sport contest without contacting the Competitive Sports Office
- (b) Receiving conduct penalties before, during, and after a contest that results in forfeiture.
- (c) Receiving two defaults during a league or tournament
- (d) Failing to contact/notify the Competitive Sports office of scores in Individual/Dual league Sports by the deadline
- (e) Allowing ineligible players to participate during a contest.
 - The team captains should verify the eligibility of all players on the roster for every contest.
 - The team captains shall be held responsible when an individual violates the ID policy.
 - In Greek leagues, non-Greek students are considered ineligible players.

When a team forfeits a game or match, that team is subject to being assessed a forfeit fee. The primary reasons for assessing a forfeit fee are to cover staffing expenses and reduce the number of forfeits. Since team leagues and tournaments require multiple RSS Sport Officials and a Competitive Sports Supervisor, the forfeit fee policy will be enforced for those activities. No forfeits fees will be assessed for contests and individual leagues and tournaments.

Scheduling Format

Scheduling Format	Examples
Team Leagues	7v7 Flag Football, Softball, 5v5 Basketball, 3v3 Basketball, 6v6 Volleyball, Futsal, Soccer
Team Tournaments	4v4 Flag Football, Dodgeball, Futsal, 4v4 Volleyball, Softball
Team Contests	Canoe Battleship, Bucketgolf, Cricket, Homerun Derby, 3-Point Contest, Kam Jam, Bags
Individual / Dual Leagues	Badminton, Tennis, Pickleball,

Fee Schedule

Scheduling Format	Forfeit Fee
Team Leagues	\$50.00
Team Tournaments	\$25.00
Individual Tournaments	\$25.00



Payments

- During the team registration process on IMLEAGUES, the team captain shall input credit card information or link his or her PayPal account to his or her IMLEAGUES account.
- If a team or individual forfeits a game, the team captain shall receive a notification e-mail.
- The team captain has two (2) business days from receipt of the notification e-mail to request an appeal.
- **If no credit card information is available for processing of the forfeit fees, the captain and all team members are subject to suspension from all RSS facilities as well as the loss of the privilege to participate in Intramural and Sport Club activities.**

Forfeit Fee Appeal Process

- If an appeal is requested, the team captains or individuals shall meet with the Coordinator of Competitive Sports to provide justification for waving the forfeit fee.
 - If the appeal is upheld, the loss may be recorded as a default.
 - If the loss is recorded as a default and results in the second default for a league or tournament, the forfeit fine will be assessed. No appeal will be considered in this case.
- If the appeal is denied, the forfeit fine will be assessed.

Grace Periods

Grace periods provide extra time for a team to field the minimum number of players to avoid a forfeit and potential forfeit fee. The following grace period policy shall apply to basketball, flag football, soccer, softball, and volleyball leagues and tournaments. This policy may not apply to other tournaments and contests.

First Grace Period

- If at least **one** team member has signed in at game time, the team will be granted a five-minute (5:00) grace period.
- The game clock shall start, and the opposing team may be awarded points.
- Once a team reaches the minimum number of players to start the game, the team must start when directed by Competitive Sports staff.
- The game clock will not be reset.

Second Grace Period

- After the initial grace period has expired, and the team has not yet reached the minimum number of players, the team will be granted a second five-minute (5:00) grace period.
- The game clock shall continue to run, and the opposing team may be awarded additional points.
- Once a team reaches the minimum number of players to start the game, the team must start when directed by Competitive Sports staff.
- The game clock will not be reset.
- If the team cannot field the minimum number of players by the end of the optional grace period, the game will be declared a forfeit or default.

Grace Period Penalty

- When a team has not met the minimum number of players, the opponents shall be awarded points for the first grace period and the second grace period. The awarding of points shall vary by sport.
- If neither team has reached the minimum number of players before the start of either grace period, no points shall be awarded.
- Before the start of the second grace period, if one team has reached the minimum number of players, that team will receive the designated points at the start of the second grace period.

Grace Period Penalty Table

	First Grace Period	Second Grace Period
Basketball	5 points	5 points
Flag Football	7 points	7 points
Soccer	1 goal	1 goal
Softball	2 runs	2 runs
Volleyball	5 points	5 points

Blood Policy

Players that are bleeding, have an open wound, and/or have an excessive amount of blood on the uniform will be directed to leave the game. The bleeding must be stopped, the open wound must be covered, and/or the bloody uniform must be changed/cleaned before the player can return to the game.

Protests

Protests shall be restricted to player eligibility and rule interpretations/applications during contests.

Team captains may not formally protest a sport official's judgment.

Player Eligibility

- Before signing the official scoresheet for the contest and/or leaving the contest site, the team captain may protest the eligibility of an opposing player by filing a formal protest.
- The Competitive Sports Supervisor shall meet immediately with both captains to discuss the matter.
- If the Competitive Sports Supervisor is unable to decide the eligibility of the player, the protesting captain shall complete a formal protest form.
- The Competitive Sports Office will investigate the matter and inform both captains of the final decision.

Rule Misinterpretation or Misapplication

- **After the conclusion of the play and before the start of the next sequence (e.g., Down, possession),** the team captain should inform an official that he/she would like to protest a potential rule misapplication or misinterpretation. After the start of the next sequence, the team captain may no longer protest the previous play.
- The officials will hear the protest and make an official ruling.
- If either team disagrees with the officials' decision, they may appeal the decision to a Competitive Sports Supervisor.
- The Supervisor shall make a ruling based on the information provided by the officials. If either team continues to disagree, the Supervisor shall complete the protest form, and the game shall continue.
- The Coordinator of Competitive Sports shall review the form and contact each team captain.
 - The decision and rationale of the Coordinator of Competitive Sports is final.
- If the on-field decision of the Supervisor is overturned, if time allows, the game will be replayed from the point of the rule misinterpretation or misapplication.



Concussion Management Procedure for Play and Practice

1. When a player reports concussion symptoms or displays concussion signs, the player should be immediately removed from competition. The player should immediately visit the SIU student Health Center. If the Student Health Center is not available, please visit your primary health care provider or the nearest emergency room immediately.
2. The Competitive Sports Supervisor will submit an accident report documenting the situation.
3. Upon receipt of the accident report, the Competitive Sports Office will formally suspend the potentially concussed sport club athlete from practice and competition.
4. The player shall not return to play or practice unless cleared by a healthcare professional (e.g., licensed physician, advanced registered nurse practitioner, physician assistant, certified athletic trainer, or Doctor of Osteopathic Medicine (DO).)
5. The Competitive Sports Office must receive a signed note from the healthcare professional, clearing the sport club athlete for participation.

Nomads

The purpose of nomads is to avoid forfeits and to support a healthy sporting experience. A “nomad” is any eligible player who is listed on a team roster in the specified league, tournament, or contest. Nomads are temporary players that allow a team to field a team until players on the official roster arrive. With justification, the Coordinator of Competitive Sports has the authority to deny the use of nomads.

Nomad Eligibility

- Nomad use is restricted to team leagues, tournaments, contests, and dual tournaments.
 - Nomads are not allowed in an individual sport.
- Nomads may join an unlimited number of teams during pool play.
 - Nomads are not allowed during postseason or tournament play.
- The team captain is responsible for declaring nomad players during the captain’s meeting.
 - The Competitive Sports supervisor shall approve the use of a nomad.
 - Failure to identify nomads may result in forfeiture of the contest.

Nomad Restrictions

- Nomads may join a team that has less than the minimum number of required players.
 - The minimum number of required players vary by sport.
- A team that has reached the minimum number of players to start may not recruit nomads.
- If the team drops below the minimum due to injury, a nomad can enter as a substitute.
- If a player is ejected/disqualified, a nomad cannot be recruited to replace that player.
- If a registered team player signs in for the contest, a corresponding nomad must be removed from the official scoresheet.

Tournament Eligibility

Team League Postseason Eligibility

Intramural leagues may consist of a pool play section followed by a postseason tournament. The overall sporting behavior rating and contest results will be considered final at noon on the day following the end of the pool play section. Team captains should notify the Competitive Sports Office of any errors before the deadline. To be eligible for the postseason, each team must satisfy the following criteria:

1. No more than one forfeited game
2. No more than 2 defaults
3. An average sporting behavior rating (SBR) of a 3.0 or better

If circumstances allow, all currently registered teams may be included in the postseason tournament. Please note that post-season eligibility and inclusion is subject to change due to unforeseen circumstances (e.g., weather, time constraints etc.)

The following criteria will determine **pool and league rank**:

1. Sporting Behavior Rating (SBR)
2. Win/Loss Record
3. Head-to-Head Match Up
4. Point Differential
5. Coin Toss

Tournament Eligibility

During all tournament play, teams must maintain an average sporting behavior rating (SBR) of 2.5 or better to advance to the next round. Regardless of a team's sporting behavior rating (SBR), the Competitive Sports Office reserves the right to suspend players with poor sporting behavior and/or remove the entire team from the postseason tournament.

Post-season League Promotion

The Competitive Sports Office reserves the right to promote teams to a more competitive league for the post-season tournament. Teams will be promoted based on regular season performance and observations by Competitive Sports staff. When a team is promoted to a higher league for the postseason, regardless of their regular season record and performance, that team will receive the lowest seed. Teams that will be promoted will receive notification from the Competitive Sports Office.

Team, Dual, and Individual Tournament Eligibility

Teams must register prior to the stated deadline to guarantee inclusion. **A player or team must maintain an average sporting behavior rating of 2.5 to advance to the next round.**



Extramural Competitions

SIU intramural sports players and teams may be asked to represent Southern Illinois University Carbondale at local, regional, and national extramural tournaments. In past years, the champions of the 7v7 flag football and 5v5 basketball leagues have been extended this opportunity. These extramural competitions are an excellent opportunity to visit a new place, learn new strategies and techniques in flag football and basketball, and meet new people. The Competitive Sports Office will not provide financial support for these competitions. Please contact the Competitive Sports Office for more information.

Inclement Weather

During inclement weather, Competitive Sports activities may be delayed, postponed, or cancelled. The safety of players, spectators, and Competitive Sports staff is paramount; therefore, the Competitive Sports Office reserves the right to cancel or postpone games due to inclement weather. The Competitive Sports Office will inform teams via the IMLEAGUES app, email, and/or SMS messaging. Please do not assume that games are cancelled.

Competitive Sports activities are cancelled on any day when the SIU Administration chooses to close the University.

It is possible that games will be played in bad weather. However, play will be suspended thirty minutes (30:00) from the last spotted lightning bolt or thunder head. Please review the following guidelines for restarting play after lightning occurrences:

- ✓ Regular season games
 - Soccer, Flag Football
 - 1st Half: The game may be completed with possible time adjustments.
 - 2nd Half: The game shall end with the existing score.
 - Softball
 - The game will be considered complete in the following situations:
 - Twenty minutes have elapsed on the game clock.
 - The fourth inning has been completed.
 - When the fourth inning is interrupted at any point, the home team has reached one of the specified point differentials listed on the mercy rule table.
 - In other situations, the game may be completed with possible time adjustments.
- ✓ Postseason games
 - Depending on the postseason tournament format and the overall Competitive Sports programmatic calendar, games may be rescheduled.

Code of Conduct

Conduct Rules

No player, team, and/or spectators may engage in unsporting behavior.

All Competitive Sports Staff members may penalize any game participant for unsporting behavior.

Examples of unsporting conduct include but are not limited to the following:

- ✓ Refusal to follow University and Competitive Sports Office guidelines.
- ✓ The use of verbal or non-verbal profanity
- ✓ Vulgar, obscene, or abusive language
- ✓ Disrespectfully addressing or contacting Competitive Sports staff
- ✓ Receiving excessive conduct penalties
- ✓ Flagrant and excessively inappropriate behavior directed toward players or officials.
- ✓ Fighting, attempting to fight, or inciting a fight.
- ✓ Theft of or willful destruction of RSS and SIUC facilities and equipment
- ✓ Engage in alcohol, tobacco, and electronic smokeless device use during intramural sport activities.
- ✓ Offensive verbal and/or non-verbal expressions refer to a player's race, ethnicity, culture, age, gender, sexual orientation, gender identity, ability, national origin, veteran status, social economic status (SES), religion, creed, ancestry, pregnancy, martial or premarital status. or professional status.

Ejections

Incidents may occur that result in the ejection of players, spectators, teams, and organizations. Ejected individuals and teams are required to cooperate with Competitive Sports staff and provide the requested information for the completion of an incident report. The Competitive Sports Supervisor will explain the procedure for reinstatement, if possible, and request that the ejected participant or team leave the visual and auditory confines of the facility. **The ejected individual or team is required to leave immediately.**

If a player, team, or spectator refuses to cooperate (e.g., leave the facility in a timely fashion, direct verbal insults towards Competitive Sports staff, etc.), the Competitive Sports Supervisor may request the aid of the SRC Facility Manager and/or DPS. The Competitive Sports Office may levy additional penalties against the entire team including, but not limited to, lowering a team's sporting behavior rating, forfeiting the game in favor of the opposing team, restricting access to the Student Recreation Center for all team members and spectators, and/or removing the entire team from league play. The incident may be referred to the Office of Student Rights and Responsibilities for further review.

Suspensions

All player and spectator ejections will be accompanied by an indefinite suspension from **all Competitive Sports activities and loss of access to all RSS facilities.** All suspended individuals, teams, and organizations will receive an IMLEAGUES notification and an email notification from the Competitive Sports Office within forty-eight hours of the ejection. All suspensions take effect immediately when the player, team, and spectator is ejected, and these suspensions will not be lifted until a meeting with the Coordinator of Competitive Sports has been scheduled and completed. After reviewing the incident report and completing the disciplinary meeting, the Coordinator of Competitive Sports will inform the player, team, and/or organization of their decision.

The Competitive Sports Office may impose additional programmatic penalties on individuals, teams, and organizations. When a team or organization is suspended or placed on probation, all associated individuals are also suspended or placed on probation.

Penalty Guidelines

The following guidelines provide examples of potential actions that may require programmatic penalties. Please understand that these are **guidelines**, and the Coordinator of Competitive Sports and The Office of Student Rights and Responsibilities may deviate from and/or impose additional penalties.

Offense	Examples	Potential Penalties
Flagrant, Malicious, and or Dangerous Game Play	<ul style="list-style-type: none"> • Flagrant Foul in Basketball • Tackling an opponent in Flag Football • Malicious Illegal Slide Tackle 	Two Game Suspension
Verbal Abuse of Competitive Staff and/or Opponents	<ul style="list-style-type: none"> • Removed from a contest for directing grossly inappropriate comments or profanity at Competitive Sports staff 	Suspension for Remainder of League Play (includes postseason) Potential Suspension from Sport Club Activities
Participating on multiple teams in a single league	<ul style="list-style-type: none"> • Officially checking in for two teams in the Open division 	Suspension for Remainder of League Play (including postseason)
Failing to comply with the reasonable requests of Competitive Sports or other RSS staff	<ul style="list-style-type: none"> • Refusing to vacate the facility after being ejected from a contest. • Providing false information to Competitive Sports staff 	Suspension for Remainder of Semester (applies to current and remaining intramural sports and sport club activities)
Violation of the Competitive Sports ID Card Policy	<ul style="list-style-type: none"> • Using another person's ID Card to sign-in and play. • Allowing somebody else to use your ID Card to sign-in and play. • (Team Captains) Allowing teammates to violate the Competitive sports ID Card Policy 	Suspension for Remainder of Semester (applies to current and remaining Competitive Sports activities)
Fighting	<ul style="list-style-type: none"> • Any unsporting physical contact which includes but is not limited to striking, pushing, slapping, punching, elbowing, and kicking 	One Year (365 Days) Suspension (applies to current and remaining Competitive Sports activities)
Failure to comply with sanctions imposed by the Competitive Sports Office	<ul style="list-style-type: none"> • Attempting to participate in Competitive Sports activities while suspended. • Posing as another player to participate in Competitive Sports activities 	One Year (365 Days) Suspension (applies to current and remaining Competitive Sports activities)
Theft, loss, or willful destruction of RSS & SIU property and equipment	<ul style="list-style-type: none"> • Failing to return Competitive Sports jerseys after the conclusion of the team's last contest. • Destroying sport equipment 	One Year (365 Days) Suspension (applies to current and remaining Competitive Sports activities) Potential restitution for stolen, loss, or destroyed items



Appeals

Participants may appeal programmatic penalties by submitting a written statement that includes the intent to appeal and a description of the events that took place before, during and after the ejection.

All written statements for appeal must be received within forty-eight hours of receipt of the suspension notification from the Competitive Sports Office. The written statement must be emailed directly to the Competitive Sports Office at siucompsports@siu.edu or dropped off at the Competitive Sports Office in the SRC Administrative Offices.

The Coordinator of Competitive Sports may request a meeting with the individual to discuss the situation. Following the review of the appeal, the Coordinator of Competitive Sports has the authority to lift any imposed penalties or move forward with the enforcement of the original programmatic penalties.

Team Sporting Behavior

The sporting behavior rating (SBR) system serves to assess a team's attitude and behavior throughout pool play and the postseason. **Actions by teams and their supporters before, during, and after the contest are included in a team's SBR.** The team captains should educate their team and spectators about the sporting behavior system.

Each team shall start the contest with a SBR of "5", and the sport officials will determine a final SBR at the end of the contest. Team captains may request their rating at the end of the contest and seek an explanation from the Competitive Sports Supervisor and game officials. The team captain may not challenge or appeal the SBR after the contest. If there is a disagreement, team captains are encouraged to contact the Competitive Sports Office to discuss the SBR.

As stated earlier, during pool play, a team must maintain an average SBR of "3" to be eligible for inclusion in the postseason tournament. For league postseasons and tournament play, a team or individual must maintain an average SBR of "2.5" to continue play if necessary.

Team SBR during pool play and postseason will be graded according to the following scale and criteria. The listed criteria are not exhaustive, and Competitive Sports staff may consider other criteria.

Rating	Criteria
5 - Excellent	<ul style="list-style-type: none"> The team captains respectively address and aid Competitive Staff in maintaining control over teammates and spectators. Players fully cooperate with Competitive Sports staff and interact positively with opposing players. Spectators support their team in a positive manner. The team is an exemplary model for excellent sporting behavior.
4 - Good	<ul style="list-style-type: none"> <u>Winning Team for a Forfeited Game</u> <u>Both Teams for a Defaulted Game</u> The team captains effectively manage their team. Players verbally complain periodically about some calls but are reasonable and respectful towards Competitive Sports staff. Player interactions with opposing players are mostly positive. Players' actions do not result in a conduct penalty (i.e., yellow card, technical foul, or unsportsmanlike conduct penalty).
3 - Average	<ul style="list-style-type: none"> The team captains display some control over their team, spectators, and themselves. Team members complain to Competitive Sports staff and/or direct verbal attacks at the opposing team. Their actions result in at least one conduct penalty (i.e., yellow card, technical foul, or unsporting conduct penalty). Teams that receive one conduct penalty cannot receive higher than a "3" rating. (Softball) The team that has one ejection will not receive higher than a "3" rating.
2 – Below Average	<ul style="list-style-type: none"> The team captains continue to exercise no control over their team, spectators, and themselves. After receiving one conduct penalty, the players continue to constantly complain, to indicate resentment for Competitive Sports staff, and/or to address opponents in an inappropriate manner. A second conduct penalty may be assessed to a player or the overall team. For all sports, in the judgement of the game officials, the team that has one ejection or two conduct warnings may receive a "2" rating.
1 - Unacceptable	<ul style="list-style-type: none"> <u>A Team Forfeits a Game.</u> The team captain exercises no control over their team, spectators, and themselves. After receiving two conduct penalties or one ejection, the players continue to constantly complain, to indicate resentment for Competitive Sports staff, and/or to address opponents in an inappropriate manner. A team receives a second ejection (softball) or third conduct penalty (i.e., yellow card, technical foul, or unsporting conduct penalty). The team that receives two ejections (Softball) or three conduct penalties during a game shall forfeit the game and may forfeit the entire season.

