# Sport Club Handbook 2025-2026



**Competitive Sports Office of Southern Illinois University** 

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# **Contact Information**

# Competitive Sports Office

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# **RSS Mission Statement**

The purpose of Recreational Sports and Services is to enhance quality of life for our students and the SIU community by providing dynamic opportunities in safe facilities and environments.

- Recreational Sports and Services engages patrons to promote wellness through social interaction and healthy lifestyles.
- We strive to be professional, knowledgeable, and resourceful while embracing creativity and inclusivity.

# **Introduction to Sport Clubs**

The purpose of the Southern Illinois University (SIU) sport club program is to provide opportunities to students who are seeking enjoyment, personal fulfillment, and camaraderie through recreation and competition. Sport clubs satisfy the goals and interests of former high school athletes, casual enthusiasts, curious students, and RSS members. Through the sport club program, Southern Illinois University students develop key skills such as leadership, organizational skills, teamwork, decision making, conflict resolution, and interpersonal interaction.

Each sport club is required to maintain active status as a Registered Student Organization (RSO) as defined by the SIU Office of Student Engagement. Like all RSOs, sport clubs are student driven organizations that place the responsibility for administration and organization in the hands of SIU students. Club teams may represent SIU at conferences, competitions, and other events across the country and worldwide. However, sport clubs are not official bodies of the University and may not sign contracts with third parties on behalf of the University.

Recreational Sports and Services (RSS) supports the SIU sport club program financially and administratively. The Competitive Sports Office serves as the liaison between sport clubs and RSS. The Sport Club Handbook outlines and discusses the various policies and procedures of RSS and SIU that directly impact sport club activities. Perhaps, more importantly, the Sport Club Handbook serves as a resource for successful club operation.

The policies and procedures outlined in this Handbook are subject to change, and officers will be notified of any changes via email and electronic messaging from the Competitive Sports Office.





# **Sport Club Program Leadership**

### **Recreational Sports & Services**

The RSS Competitive Sports Coordinator provides direction and leadership for the SIU competitive sports program. The competitive sports program is comprised of the intramural sports program and the sport club program. Competitive sport supervisors monitor sport club activities and enforce compliance with competitive sports, RSS, and SIU ideals, policies, and procedures.

The RSS Competitive Sports Coordinator serves as the program administrator and the advisor for all sport clubs. The Competitive Sports Coordinator and Coordinator of Competitive Sports shall provide guidance and support while assisting with event planning and execution, enforcing compliance with the RSO Handbook and the Sport Club Handbook, and resolving sport club conflicts.

# **Sport Club Advisory Board**

The Sport Club Advisory Board is comprised of five sport club members that assist the RSS Competitive Sports Coordinator in the administration and guidance of the sport club program. The responsibilities of the Sport Club Advisory Board include, but are not limited to, the following:

- 1. To annually review the Sport Club Handbook to provide feedback and recommendations.
- 2. To serve as an appeal board regarding programmatic penalties and restrictions.
- 3. To review sport club annual reports and propose program allocation funding recommendations.
- 4. To assist with planning and conducting sport club leadership series seminars, trainings, and activities.
- 5. To support the prosperity of the sport club program by offering advice and assisting in decision making.

Current, fee-paying students at Southern Illinois University Carbondale that meet the following qualifications may apply:

- ✓ Executive officers (e.g., President, Vice President, Treasurer, Safety Officer, and Secretary), non-executive officers, and non-officers from each club are eligible to apply for membership.
- ✓ The potential member is in "good standing" with the University. A student's academic and disciplinary status determines their "standing" with the University.
- ✓ The potential member's club is in Good Standing.

No more than two representatives from a single club may serve on the Advisory Board. Advisory Board elections are held every Spring Semester for the following academic year. Sport Club Council members that aspire to join the Advisory Board are expected to submit the Sport Club Advisory Board Application by the stated deadline and deliver a short speech to the Sport Club Council. The speech outline can be found in Appendix A.

Advisory Board members are expected to be available for all Sport Club Council meetings and Sport Club Leadership Seminars, trainings, and activities. Members with more than two unexcused absences are subject to removal from the Board, and, if removed, may not serve on the advisory board for the upcoming academic year. The Competitive Sports Coordinator may appoint an interim member until the Spring Semester election.

#### **Sport Club Council**

The Sport Club Council consists of two appointed student representatives from each sport club. The president of each sport club shall appoint two student members during the academic year. These appointees may be officers or non-officers of the club. The responsibilities of the Sport Club Council include, but are not limited to, the following:

- 1. To consider the best interest of all sport clubs and support the prosperity of the Sport Club Program
- 2. To provide recommendations regarding the Sport Club Handbook and the Sport Club program
- 3. To elect Sport Club Advisory Board members during the Spring Semester or as necessary
- 4. To serve as an appeal board regarding the removal of a Sport Club Advisory Board Member
- 5. To recommend RSOs for acceptance into the Sport Club Program



# **Sport Club General Information**

As a representative of Recreational Sports and Services (RSS) and Southern Illinois University, each sport club is obligated to obtain approval or seek advice from the Competitive Sports Office, the Office of Student Engagement, and other relevant SIU and non-SIU entities prior to planning and engaging in club-related activities.

Sport clubs are expected to fulfill and meet the following duties, responsibilities, and expectations:

- 1. Provide a fun and inclusive experience for SIU students.
- 2. Establish and maintain regular communication with the University.
- 3. Abide by the policies and procedures of Southern Illinois University, Recreational Sports & Services, the Competitive Sports Office, and the Office of Student Engagement as well as follow city, state, and federal laws.
- 4. Develop annual goals and objectives for recruitment, retention, fiscal management, and competition/travel.

# **Eligibility**

# Students

- On-Campus Courses
  - Undergraduate and graduate students must be enrolled for at least six credit hours during the Fall and Spring semesters.
  - o Undergraduate and graduate students must be enrolled for at least three credit hours during the summer.
  - o If enrolled for less than the minimum hours, the student must purchase an RSS membership.
- Off-Campus/Online Courses
  - Undergraduate and graduate students must purchase a semester or annual RSS membership.

# SIU Carbondale Faculty/Staff

- Currently employed SIU faculty and staff who have purchased a semester or annual RSS membership may participate in non-competitive activities.
- Non-student members may not officially represent the University at formal competitions.

### Non-SIU Affiliated Individuals

- Non-SIU affiliated individuals must purchase an RSS semester or annual membership.
  - o RSS members under eighteen years of age cannot participate in sport club activities.
  - o Non-student members may not officially represent the University at formal competitions.
- Guests of RSS members may not participate in sport club activities.

### Varsity Athletes

- A varsity athlete may be defined as any individual that appears or has appeared on the roster for an American collegiate varsity team at any level (e.g., NJCAA, NCAA, NAIA, etc.)
- Current Saluki varsity athletes may be ineligible to participate in club activities. Please check with <u>Saluki</u> Compliance and your relevant National Governing Body (NGB) in these situations.

# Professional and Semi-Professional Athletes

Please check with your club's chosen National Governing Body (NGB) for eligibility information.

#### Transgender Athlete Participation Policy

Recreational Sports and Services at Southern Illinois University Carbondale celebrates and supports the transgender student population's participation in sport clubs. Through the guiding policies of the National Intramural-Recreational Sports Association (NIRSA), RSS empowers students to participate in club sport teams based on one's gender identity, regardless of any medical treatment. While Southern Illinois University Carbondale does not restrict participation based on gender, national governing bodies (NGB) may have additional policies that should be taken into consideration before participating in a competition/game.



# **Sport Club Tier System**

The sport club tier system serves as a guide to support the success of all clubs. The requirements of the tier system ensure that competitive and recreational clubs stay competitive and that social clubs can focus on community building and leisure as opposed to skill development and athletic performance. Community service and fundraising are integral to the reputation and longevity of all sport clubs. The tier system can be viewed in <u>Appendix B</u>.

# Sport Club Classification

Each sport club's classification can be found in <u>Appendix C</u>. All new sport clubs are placed in the social tier to support their growth and development.

#### Tier Promotion

Clubs may be promoted to the recreational or competitive tier in the following situations:

- ✓ The club exceeds the requirements of their current tier
- ✓ The club's request for promotion is approved.
  - o The club will request promotion during the annual report.
  - o If the request is approved, the club's funding limit will be set at the approved tier.

#### Tier Demotion

Clubs may be demoted to the recreational or social tier in the following situations:

- ✓ The club does not meet the requirements of the current tier.
  - o For the first year of non-compliance, the club will receive a formal warning.
  - o If the club fails to meet the requirements for two consecutive years, the club shall be demoted.
- ✓ The club may request demotion to a lower tier.
  - o The club will request promotion during the annual report.
  - o If the request is approved, the club's funding limit will be set at the approved tier.
- ✓ The club's status is conditional.
  - o The club shall be demoted to the social tier for the length of their conditional status.

#### Roster

The Saluki Connect roster is considered the official roster by the Competitive Sports Office and the Office of Student Engagement. Prior to officially practicing or competing each year, official members will complete the sport club participation form. On-campus clubs can expect roster checks for accuracy. The Competitive Sports Supervisor has the authority to stop that member from practicing or competing if the waiver has not been completed, and/or the member cannot be identified.

#### **Tryouts**

During tryouts, prospective members will complete the sport club participation form prior to participating. If the prospective member is not invited to join the team or chooses not to join the team, the club or individual should inform the Competitive Sport Office. The individual's sport club participation form will be deleted.

# **Sport Club Leadership Series**

The Sport Club Leadership Series was created to provide training and leadership development opportunities to the officers and members of sport clubs. Sessions will be held following monthly sport club council meetings, and two officers and/or representatives are required to attend. The goal for these meetings is to provide officers with leadership skills that they can use to manage their club, to succeed academically, to secure a job after graduation, and to become well-rounded individuals. Topics range from event planning and budgeting to conflict management and recruitment.



# **Prospective Sport Clubs**

Prospective sport clubs may be granted official admission to the SIU sport club program during the Spring Semester of the current academic year. Prospective RSOs can work with the Competitive Sports Office during the Fall Semester to complete the application process. The following criteria will be considered when choosing to accept a potential sport club:

- 1. The organization is officially recognized by the SIU Office of Student Engagement, meeting the basic requirements of an active Registered Student Organization.
- 2. The organization does not duplicate or closely resemble current sport clubs.
- 3. The organization is characterized as a sport or recreational activity affiliated with a National Governing Body.
- 4. The organization has demonstrated a high potential for stability and recruitment.

The prospective sport club should consult the prospective sport club checklist (<u>Appendix D</u>). The checklist details items to consider *before* the scheduled meeting with the Competitive Sports Office and provides guidance for completing the presentation. Once the prospective club is ready to apply, the club president shall complete the prospective sport club application.

Available facility accommodations, operational needs, risk management requirements/concerns, current literature and industry standards, and other factors will be considered when reviewing prospective sport club applications. RSOs that are not granted admission are eligible to re-apply the following academic year.

If the Sport Club Council chooses to recommend the RSO for admission into the sport club program and the Competitive Sports Office chooses to grant admission, conditional membership will begin immediately. The conditional sport club will have complimentary access to facility reservations and will appear on RSS marketing. The conditional sport club may request funds from the Undergraduate Student Government (USG) and RSS Contingency Funding from the Competitive Sports Office. At the end of the Spring Semester, the Competitive Sports Office will determine the conditional club's status for the upcoming year.

To be granted non-conditional status as a sport club, all conditional sport clubs must satisfy the following conditions:

- ✓ Receive a score of seventy (70) points or higher on the sport club compliance checklist.
- ✓ Provide proof that two members are CPR/AED/First Aid certified.
- ✓ Schedule consistent practices/meetings and have an average of at least five members attending regularly.
- ✓ Successfully demonstrates sound fiscal management strategies.

During their annual report presentation, the conditional club will request tier classification. For conditional sport clubs that request classification into the social/recreational tier, there are no additional requirements. For conditional clubs that seek entry into the competitive tier, that club must satisfy the following conditions:

- ✓ The club must join a recognized National Governing Body for their activity.
- ✓ The club must demonstrate the ability to field the minimum number of required players for competitions.
- ✓ The club must develop and present a skill development plan that includes rating criteria for tryouts, practice schedule development, equipment purchase, and drills.



# **Current Sport Club Registration**

# Office of Student Engagement Programmatic Requirements

The Office of Student Engagement requires that all active RSOs meet the following criteria:

- ✓ Updated club constitution
- ✓ Updated Saluki Connect page
- ✓ A minimum of five (5) active SIU student members
- ✓ Attendance at an RSO orientation

The Office of Student Engagement mandates that all RSOs attend a Fall or Spring RSO Orientation session during the current academic year. Every RSO must send a minimum of two members to an RSO Orientation. The RSO Orientation provides updates and changes relevant to RSOs for the current year.

For each semester, all RSOs must complete the RSO Transition process via Saluki Connect. To complete the Transition process, each club is required to upload its current constitution, to supply the list of current officers, to provide the most current club roster, and to supply proof of CPR/AED/First Aid certification for two club members. The RSO is not required to initiate a change in leadership during this time.

Sport clubs that do not meet the requirements for the Office of Student Engagement are subject to a change in club status and may lose access to RSS Program Allocation Funding, RSS Contingency Funding, and USG Funding. These clubs will also lose practice and event privileges at any RSS and Saluki Athletics facilities.

# **Sport Club Programmatic Requirements**

In addition to RSO programmatic requirements, the Competitive Sports Office requires that all sport clubs meet the following additional requirements:

- ✓ Review and ratify the club's constitution on an annual basis.
- ✓ Represent your club at an RSO involvement fair for the Fall and Spring Semesters
- ✓ Schedule and complete the annual Fall and Spring meetings with the Competitive Sports Coordinator
- ✓ Submit sport club weekly reports.
- ✓ Submit and present an annual report.
- ✓ Attend all Sport Club Council meetings.
- ✓ Complete mandated officer training.
- ✓ Complete the mandatory concussion management training.
- ✓ Complete and submit all forms and documents as required.
- ✓ Meet all other requirements as necessary.

#### **Notification of Changes**

When a sport club changes its name, revises its constitution, selects new officers, chooses a new coach/instructor, and/or when contact information has changed, such changes must be reported to the Competitive Sports Office and Office of Student Engagement via Saluki Connect and/or the appropriate form(s).

#### Removal or Withdrawal from the Sport Club Program

RSOs or individuals that have been removed from the Sport Club Program due to compliance violations are not eligible to re-register for sport club status until a meeting with the Competitive Sports Coordinator has been scheduled and completed. The Competitive Sports Coordinator shall determine if the party is eligible to apply for readmission into the Sport Club Program.

Any RSO may cancel its designation as an RSS Sport Club at any time. The sport club should submit a formal notification to the Competitive Sports Coordinator. Upon the date of withdrawal from the Sport Club Program, the organization



forfeits all privileges and benefits afforded to sport clubs. The RSO should contact the Office of Student Engagement if the organization wishes to disband completely.

# **Sport Club Organization**

#### Constitution

The constitution is the basic framework of rules and procedures for an organization. It provides principles, procedures, and by-laws for the administration of the Sport Club. Sport clubs are required to use the current template for their organizational constitution. The template guides the sport club officers and members in fashioning a constitution unique to and meaningful for their organization. The template for the constitution can be found on the sport club webpage.

#### **Club Officers**

All sport clubs are required to maintain the following four executive officer positions:

- ✓ President
- ✓ Treasurer

- ✓ Safety Officer
- ✓ Secretary

The Vice President position is optional.

Prospective officers must be officially affiliated with and enrolled at Southern Illinois University Carbondale. Students must also be classified as being in "good standing" with the University. A student's academic and disciplinary status determines their "standing" with the University. According to the RSO Handbook, all officers must maintain a GPA of 2.0 or higher. Students on academic and/or disciplinary probation and suspension are ineligible to serve as sport club officers.

Students can hold officer positions in more than one sport club. However, a student may only hold the role of President for one sport club. The presidential role requires a tremendous amount of focus, energy, and passion. Within a single club, a student may not hold more than two officer positions. The Competitive Sports Office requires that different individuals are elected for the President and Treasurer positions.

The sport club may create supplemental officer positions (e.g., Social Media Manager, Trip Advisor, Fundraising Chair etc.) that will serve a function within the club. Sport club officers' duties will be defined in the sport club's constitution.

#### Officer Training

During the Fall semester of each year, the president, vice president, treasurer, and safety officer are required to complete the online officer training courses. These trainings courses are hosted on the D2L online learning environment. Officer will be added to the course and given a limited amount of time to review the training materials and successfully pass the training quiz.

# Officer Transition

Sport clubs are encouraged to elect and/or appoint their club officers in the Fall Semester or early in the Spring Semester for a smooth transition in leadership. By concluding the election/appointment process early, it will allow the new leadership the opportunity to shadow current leaders, to ask questions, and to prove their capabilities prior to officially taking office.

During the club designated officer transition period, outgoing officers are required to transfer the following information to incoming officers prior to the end of the current sem. When the transfer of materials has not occurred as intended, the Competitive Sports Office may impose programmatic penalties on the club or outgoing officer(s). Given the situation, the Office of Student Rights and Responsibilities may impose disciplinary sanctions on an individual or club.

- ✓ Organizational data
  - o Examples: digital files, vendor/partner contact information, NGB contacts, past financial records
- ✓ Ownership of organizational accounts



- o Examples: email, social media accounts, and off-campus business bank accounts
- ✓ Physical materials
  - o Examples: keys, uniforms, and club-owned equipment

#### Coaches/Instructors

Sport clubs are dynamic and active student-driven organizations. Sport clubs may solicit the services of coaches/instructors to assist with skill development, strategic development, and preparation for competition. Sport club coaches and instructors are not required to be affiliated with Southern Illinois University in any capacity.

Coaches are welcome to provide guidance and feedback reading club administration but should restrict their active involvement to instruction, game day preparation, and game day duties. A non-student coach or instructor may not actively lead or dictate the administration of the sport club. Sport clubs should contact the RSS Competitive Sports Coordinator for assistance in addressing dilemmas and difficulties with mentors and coaches/instructors

The Competitive Sports Office considers all sport club coaches and instructors to be volunteers; however, sport clubs may utilize RSS Program Allocation Funds, RSS Contingency Funding, and/or USG funds to compensate coaches and instructors. Sport clubs may also purchase guest passes and RSS memberships for coaches that need to access the facility to fulfill their duties.

The Competitive Sports Office expects the coach/instructor to fulfill the following duties:

- ✓ Provide ethical and quality coaching and instruction.
- ✓ Encourage club members to adhere to the SIU student conduct code, sport club handbook, RSO handbook, and the policies, procedures, and safety guidelines of the University, Recreational Sports and Services, and the Competitive Sports Office
- ✓ Promote good sporting behavior and positive social behavior, as well as diversity, equity, and inclusivity.
- ✓ Maintain certifications that directly support their coaching/instructor position.

Each year, the sport club president will designate the current coaches and/or instructors. New coaches/instructors must complete the Coach/Instructor Agreement before officially interacting with the sport club. Current coaches and instructors should inform the Competitive Sports Office of any changes in contact information and physical address.





# Club Promotion, Marketing, and Branding

# **Recruitment Opportunities**

- Involvement Fairs
  - o The Fall and Spring RSO involvement fairs are great opportunities for recruitment and networking.
  - o Sport clubs are required to register with the Office of Student Engagement to attend these fairs.
- Tabling
  - Opportunities are available throughout the academic year in various venues on campus. Clubs must reserve the tables through the appropriate entity.
  - o Some of the tabling opportunities available include:
    - SIU Student Center Contact studentcenterscheduling@siu.edu for details.
    - Student Recreation Center Contact rss.scheduling@siu.edu for more information.

# Team Uniforms, Merchandise, and Promotional Items

- Sports clubs are required to follow the design approval process for team uniforms, merchandise, and promotional items.
- Sport clubs may use Student Center Marketing & Graphics, Silkworm, Lee's Sports, and other vendors to design and/or produce club items.
  - o Sport clubs may not use Saluki Athletics logos and marks.
  - With permission from the Competitive Sports Office, combined logos may be used.
    - Combined logo files may be found on the sport club website.

# Uniform, Merchandise, and Promotional Item Design Approval Process

- 1. The sport club should submit the design to the Competitive Sports Office via e-mail (siucompsports@siu.edu)
  - a. Uniforms are required clothing and equipment for players during a formal competition.
  - b. Merchandise are club items that will be sold for a profit.
  - c. Approval must be obtained for promotional items such as, but not limited to, banners and water bottles.
- 2. The Competitive Sports Office will approve the overall design and the use of SIU institutional marks and logos.
- 3. Once the Competitive Sports Office approves the apparel design, your chosen vendor may complete the order.
  - a. We recommend Silkworm since this vendor will seek approval for the use of SIU marks and logos.
  - **b.** If your club chooses to use a different approved vendor, your club is responsible for ensuring that University approval is gained prior to production.

# **Promotion and Advertising**

- Flvers
  - Sport clubs may post flyers in the Student Recreation Center on designated bulletin boards.
  - o For other facilities, please contact the department or facility for guidelines regarding flyers.
- Chalking
  - o Water-soluble, non-aerosol chalk is permitted.
  - o Chalking is not allowed on University walls or buildings.
  - o It is required that chalking occurs in open areas where rain and weather can wash old postings away.
  - As with all areas of promotion, it is expected that good taste, judgment, and courtesy be used.
  - o Improper chalking may result in financial penalties being levied against the club.
- Social Media Guidance
  - o General Information
    - All clubs are encouraged to create and operate social media accounts (e.g., Facebook, Instagram, YouTube, Twitch etc.) and to also follow and engage with Recreational Sports and Services (RSS) and other official SIU social media accounts.
    - While reflecting positively on SIU, RSS, and the Competitive Sports Office, your social media presence should reflect your club's culture, mission, and values.
    - All sport club social media accounts are the property of the specific club.
    - The sport club is responsible for all content on their social media channels.



- Social Media Principles
  - Protect Information.
  - Follow the SIU Student Conduct Code and state/federal laws.
  - Be Responsible.
  - Be Nice, Have Fun, and Connect.
- o Best Practices & Recommendations
  - Ensure that appropriate privacy settings are enabled, and account access information is secure.
  - Consider creating a Facebook Group page as opposed to a Facebook Business or Personal page.
    - A group allows members to see posts, to add content, and to maintain their privacy.
    - The administrator's role can be transferred to incoming officers with ease.
    - This will allow east management of the club's Instagram account.
  - Sport club officers charged with administrating social media accounts should appoint moderators and reviewers for all club accounts.
    - All content should be appropriate for anyone under eighteen (18) years of age, and the appropriate permissions and/or rights to posted content should be obtained.
    - Ensure that all content on all social media platforms is accurate and up to date.
    - Post updated contact information when possible. Potential members, sponsors, or donators may attempt to contact the club.
    - Moderators are strongly encouraged to respond to questions and comments at least once per day.
    - When streaming content on the club's official channels, the sport club officers should ensure that all content and online interactions are socially appropriate.





# **Sport Club Finances**

#### **General Information**

Recreational Sports and Services is proud to financially support club operations. Each club is a unique entity in terms of membership, travel requirements, and operating costs. Competitive/recreational sport clubs have competition-related expenses such as uniforms, equipment, hotel reservations, fuel, vehicle rentals, tournament entry fees, and national governing body (NGB) fees. Conversely, social/instructional clubs do not regularly participate in competitions and may need occasional support for equipment and other basic needs.

- The Competitive Sports Office does not guarantee RSS funding for each fiscal year, and sport clubs are expected to generate funding through the collection of membership dues and the effective execution of a fundraising plan.
- Funds in sport club accounts rollover to the next fiscal year.
- Misuse of University funds is not permissible and will be punishable in accordance with SIU policies.
- Recreational Sports and Services reserves the right to deduct funds from sport club accounts for unexpected
  expenses incurred by sport club use, through sport club negligence, or any reason deemed appropriate by the
  Director of Recreational Sports and Services.

# **Funding Sources**

- SIU Campus
  - Recreational Sports & Services
    - RSS program allocation funding
    - RSS contingency funding.
  - Undergraduate Student Government (USG)
  - Fundraising
- Non-SIU Campus
  - Sponsorships
  - Fundraising/donations

Table #1: RSS Funding Limits for Fiscal Year

	Program Allocation Funding Maximum	Contingency Funding Maximum
Competitive	\$7,500	\$7,500
Recreational	\$4,500	\$4,500
Social	\$1,500	\$1,500

#### **Prohibited Expenditures**

RSS funds may **not** support or provide:

- Financial support for political programs or candidates, parties, or lobbying efforts
- Support and/or contributions for any private person, group, association, or business
- Payment for employment of faculty or civil service personnel
- Gifts for advisory and participating members
- Payments of debts and expenditures incurred from any previous fiscal year unless authorized due to specific circumstances (i.e., fines)
- The purchase of food or beverages.
- The purchase of alcohol, tobacco, or any other items outlined in the SIU Student Conduct Code.

# **RSS Program Allocation Funding**

To request RSS program allocation funding, the sport club is required to follow the annual program allocation funding process, which includes completion, submission, and presentation of the annual report presentation. Funds are awarded based on a club's demonstrated financial need. Required expenditures such as travel expenses (e.g., lodging, fuel expenses/reimbursements), uniform purchases, NGB registration, registration for activities and events, facility rentals, and equipment needs will be prioritized.



# Annual Report Guidelines and Expectations

To receive RSS program allocation funding, clubs must submit and present an annual report for the upcoming fiscal year (July 1<sup>st</sup> – June 30<sup>th</sup>) in the Spring Semester of each academic year. The sport club officers will present their club's funding proposal to the Competitive Sports Coordinator, Competitive Sports Coordinator, and the Sport Club Advisory Board.

#### Required Items

The sport club annual report has three required submissions. Submission of items shall occur at least fifteen minutes prior to the annual report.

- ✓ Digital presentation
- ✓ Budget workbook (Ver. 4) Current FY
- ✓ Budget workbook (Ver. 4) Projected FY

# **Digital Presentation**

- The presentation should be submitted in one or more of the following formats:
  - Microsoft PowerPoint (PPT)
  - Portable Digital Format (PDF)
  - Google Slides
- The presentation should last no more than thirty (30) minutes, leaving thirty (30) minutes for discussion.
- When creating your club's presentation, please include the following elements in the order as depicted:
  - #1 Title slide
  - o #2 Agenda
  - o #3 Club summary
    - Briefly discuss the membership, purpose, and goals of the club.
    - List the executive officers for the upcoming fiscal year.
    - List the names of all coaches/instructors for the upcoming year.
  - o #4 Review of club activities for the current year
    - Discuss what the club has accomplished this year.
    - Discuss club events and their results (if applicable).
    - Discuss any revisions to your constitution or bylaws (if applicable).
  - o #5 Critique of club activities and performance for the current year
    - Perform an honest assessment of your club's activities and performance.
    - Suggest improvements for next year.
  - o #6 Plans for the upcoming academic year
    - Discuss future goals.
    - Discuss potential steps to fulfill those goals.
  - o #7 Budgetary review of current year
    - Please use a table that displays expenses, revenue, and the ending balance.
    - Off-campus business bank account information should be inputted into the budget workbook for the current year.
  - o #8 Review of proposed budget for upcoming fiscal year
    - Please use a table that displays expenses, income, and the ending balance.
    - Provide justification for your proposed purchases (if applicable).
  - o #9 Allocation request
    - The request should be based heavily on your current state and future goals.
    - Request tier reclassification (Competitive, Recreational, or Social).
    - State whether you are requesting or are not requesting any program allocation funding.
      - Your club is not required to request funding.
    - Your requested allocation amount is equal to the projected balance for the upcoming fiscal year.
      - The budget workbook for the projected fiscal year will determine your award amount.
  - o #10 Conclusion
    - Formally end your presentation.
    - Ask if the audience has any questions, comments, or concerns.



# **Budget Workbooks**

The budget workbooks are valuable tools that support and guide effective fiscal planning and management. The Competitive Sports Office requires that the sport club utilize the budget workbook templates. All actual or projected revenue sources, general expenses, travel expenses, and off-campus business bank account expenses should be reported. The latest version of each budget workbook may be found on the sport club webpage. Both budget workbooks are Microsoft Excel documents. To prevent any errors or lost information in a budget workbook, please refrain from opening the documents in non-Microsoft Excel programs.

#### Presenters & Other Attendees

- All executive officers (President, Vice President, Treasurer, Safety Officer, and Secretary) are expected to be present and involved in the presentation. Additional officers and club members may attend.
- The executive officers and all presenters should adopt business casual attire.
- Professionalism is required. Disruptive or unprofessional individuals will be dismissed from the presentation.

# Program Allocation Funding Decision Process

If a sport club requests RSS funding for the upcoming fiscal year, a sport club's final program allocation funding decision will be based on the following:

- Annual report (The rubric can be found in <u>Appendix E.</u>)
  - o The thoroughness and persuasiveness of the annual report presentation
  - o The sport club's fiscal management for the current fiscal year
  - o The sport club's demonstrated fiscal needs for the upcoming fiscal year
- The sport club's tier classification
- The sport club's compliance checklist score

RSS professional staff and the Sport Club Advisory Board may request revised budget workbook(s) and/or a revised multimedia presentation. All requested revisions should be submitted by the official end of sport club activities for the Spring Semester. Unless approved, no revisions will be accepted after that date.

#### **RSS Contingency Funding**

Additional emergency funds are available through the RSS contingency funding process. Before requesting RSS contingency funding, sports clubs are expected to exhaust current RSS program allocation funds and to spend the balance of their USG/RSO account.

RSS contingency funding may be used for special requests such as:

- An unexpected opportunity has arisen since the last regular funding cycle (e.g., a bid for a Regional or National Tournament was accepted).
- The club experienced an unanticipated need or unexpected cost change (i.e., a dramatic increase in club membership not offset by dues).
- The organization has recently earned conditional sport club status and requires additional support.
- There was unanticipated student interest in a program or travel opportunity.
- The club requires additional equipment to support operation.

# **RSS Funding Procedures**

Two members of a sport club's executive board (President, Vice President, Safety Officer, Treasurer, and Secretary) are required to approve the use of a club's funding. All RSS payment requests, RSS purchase requests, and RSS reimbursement requests must be signed by two of the executive board members. The Competitive Sports Office recommends that the club treasurer approves requests to utilize program allocation funding.

When sport clubs choose to utilize funds in their sport club account, the proper online form must be completed in its entirety and submitted to the Competitive Sports Office. The following financial requests may be found on the sport club webpage.



#### RSS Payment Requests

Payment requests should be received at least fourteen (14) business days in advance of the vendor's deadline, the approved travel period, or the approved event. Sport clubs should submit a payment request for the following services:

- ✓ NGB registration
- ✓ Payment of independent contractors (e.g., officials, athletic trainers, etc.)
  - o Independent contractors are not current SIU employees.
  - o Before receiving payment, independent contractors may be required to complete a W-9, the SIUC Independent Contract Analysis Form, and the Conflict-of-Interest Information Form.
- ✓ Facility Reservations
- ✓ Competition Entrance Fees
- ✓ Hotel Reservations

### RSS Purchase Requests

Purchase requests should be received at least fourteen (14) business days in advance of the vendor's deadline, the approved travel period, or the approved event. Sport clubs should submit a purchase request for the following products:

- ✓ Uniforms
- ✓ Equipment
- ✓ Trophies and other awards
- ✓ Shirts for marketing or fundraising purposes
- ✓ RSS Memberships for Coaches/Instructors

# RSS Reimbursement Requests

When a sport officer or member completes a purchase with personal funds that is related to sport club activities, they may request a reimbursement from the sport club's RSS account. Sport club executive officers will request reimbursement on behalf of their members.

### Reimbursement Process

- The purchase(s) is/are necessary for club operations or occurs within the approved travel period.
- Two sport club officers must complete the RSS reimbursement request.
  - When an executive officer is receiving reimbursement, we recommend that two other executive officers approve the reimbursement.
  - For multiple purchases, you have the following options:
    - 1. Complete an individual reimbursement request for each purchase.
      - The Competitive Sports Office strongly recommends this option.
    - 2. Complete a single reimbursement request for all purchases, and the officer that receives the check will disburse the funding accordingly.
      - For the second option, SIU, RSS, and/or the Competitive Sports Office are not responsible for monitoring the distribution of funds.
- Itemized receipts for all purchases must be attached to the RSS Reimbursement Request or submitted to the Competitive Sports Office via email or in person.
  - For fuel reimbursements, the original, unaltered physical receipts must be submitted to the Competitive Sport Office.
    - Please inspect all fuel receipts prior to submission.
    - Fuel receipts for individual drivers should be labeled or submitted in an organized manner.
  - o For other reimbursements, a copy of the recipient's bank or credit card statement may be required and should be submitted separately via the RSS Reimbursement Request via e-mail or in person.
    - When appropriate, the Competitive Sports Office will redact important account information.
  - The Competitive Sports Coordinator may request additional documentation or information to verify the purchase.
- The Competitive Sports Office, RSS Business Office, and University Accounting will review and approve the reimbursement request.



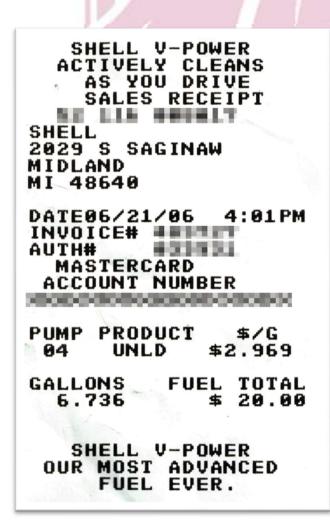
• Accepted reimbursement requests will be processed within four to five weeks, and a check will be mailed to the address of the recipient listed on the form.

#### Acceptable Purchases for Reimbursement

Sport club members may request reimbursement for the following expenses. This list is not exhaustive.

- ✓ Gas, parking, or toll receipts
  - The receipt must clearly show the date, location, number of gallons, cost per gallon, total cost, and method of payment.
  - o Date(s) must fall within the approved travel period.
- ✓ Hotel reservations
- ✓ NGB, league, or conference dues
- ✓ Event registration payments
- ✓ Club equipment purchases
- ✓ RSS memberships or guest passes for coaches/instructors.

### Receipt Examples



Fuel Receipt Example.

As shown, the date, location, price per gallon, number of gallons, and total charge must be clearly visible on the receipt.



An itemized receipt contains the following information:

- The Date
- Business' Name
- Item(s) Purchases
- Price of Each Item
- Total Amount of Bill
- Method of Payment

# **Itemized Receipt**



# **Credit Card Receipt**





#### RSS Contingency Funding Requests

A sport club will request a hearing by submitting the RSS Contingency Funding Request.

Clubs must submit their budget worksheet for the current fiscal year and PowerPoint presentation no less than twenty-four hours prior to the hearing date. The sport club should discuss the need for financial support and must show evidence of completed or planned fundraising. Proper fiscal management of program allocation funds will be considered when determining approval or denial of the request.

Within one week, the Competitive Sports Office will notify the club of the decision. Awarded contingency funds must be applied towards satisfying the stated need. If a club fails to attend or take advantage of the opportunity, the awarded contingency funding will be reabsorbed into the sport club administrative account.

#### **Off-Campus Business Bank Accounts**

Sport clubs may establish a business account at a bank or credit union for all self-generated funds such as membership dues and revenue raised through fundraising initiatives. The business account is the sole responsibility of the sport club, and the sport club is <u>not allowed</u> to use the University's taxpayer identification number (TIN) or the formal name of the University (e.g., Southern Illinois University, SIU, SIU Carbondale). The sport club is strongly encouraged to seek the guidance of a legal professional prior to opening an off-campus business account.

# **Fundraising**

# **Tax-Exempt Status**

As an RSO at Southern Illinois University, a sport club is not considered an official extension of the University and is <u>not</u> **eligible** to use the tax identification number of the University for tax-exemption purposes.

#### **Alumni Relations**

Consistent communication with sport club alumni is an excellent way to build a loyal fan base and raise additional funds for the club. The Competitive Sports Office expects and strongly encourages clubs to engage with their alumni regularly. Some suggested ways to engage this group include staying active on social media and/or hosting an alumni event. Please contact the Competitive Sports Office if your club would like to plan an alumni event.

#### **Donations**

Sport clubs may receive donations directly or through the SIU Foundation. If your club personally receives a donation, you can deposit it into your club's RSS sport club account, USG/RSO account, or your off-campus account. Donors seeking formal acknowledgement of their donation for tax purposes should donate through the SIU Foundation.

#### SIU Foundation

The <u>Southern Illinois University Foundation</u>, established in 1942, provides alumni and other friends of the University a means to invest in the future of SIU. Its mission is to maximize private support for Southern Illinois University Carbondale to assist the university in achieving its long-range goals.

The SIU Foundation is an independent, nonprofit corporation that exists solely to serve the educational, service and research missions of SIU Carbondale. It is a designated 501(c)(3) organization. The foundation has appropriate approval from the Internal Revenue Service to issue tax-deductible receipts for private gifts received to support SIU.

#### **Business Fundraisers**

Sport clubs are encouraged to contact local restaurants and other businesses to establish potential profit-sharing ventures. Sport clubs may visit <a href="GroupRaise">GroupRaise</a> to find local restaurants that will host organizational fundraisers. The Competitive Sports Office may direct sport clubs to select restaurants and business; however, the sport club's executive board is responsible for contacting the business, setting up the fundraiser, and ensuring that all funds are properly distributed to the sport club.



#### **Bake Sales**

Sport clubs may reserve space in the Student Recreation Center to sell baked goods. Please visit the <u>RSS facility</u> reservation page to reserve a space online or download the facility reservation form.

All bake sales on or within RSS facilities must follow these guidelines:

- Ingredients such as nuts, milk, soy, eggs, and other common allergens must be clearly displayed on a sign.
- All items must be individually wrapped.
- Members must wear gloves when handling food.
- Members cannot handle food and money in the same gloved hand.

# **Beverage Sales**

Except for coffee, lemonade, or non-dairy hot chocolate, Pepsi beverages must be sold in individual factory sealed containers. Beverages from other competing companies cannot be sold on campus.

# **Concession Stands**

Sport clubs can operate a concession stand during home games in Saluki Stadium and Banterra Arena and during swim meets in the Student Recreation Center.

For Saluki Stadium and Banterra Arena, sports clubs are required to provide five to six members to effectively operate the concession stand and are expected to comply with Saluki Athletics policy. Sport clubs can receive ten percent (10%) of the total sales after taxes. Interested clubs should contact Jordan Wantland, Concessions Coordinator @ jordanwatts@siu.edu or 618-453-5204.

For the Student Recreation Center, sport clubs can operate a concession stand during Saluki Athletics Swimming & Diving and Saluki Swim Club meets in the Student Recreation Center. Sports clubs are required to provide all merchandise (e.g., food, clothing etc.) and concessions stand staff. Safety guidelines for bake sales must be followed. Interested clubs should contact the Competitive Sports Office for more information.

#### **Merchandise Sales**

The Competitive Sports Office must approve all merchandise prior to production and distribution. Please contact the vendor of your choice to set up an apparel fundraiser. The Competitive Sports Office recommends Silkworm, Inc in Murphysboro, IL.

#### **Sponsorships**

Sponsorship is defined as a partnership between two entities to support an event, activity, person, or general rations through the provision of resources, products, and/or services. Typically, the club is provided with valuable resources (cash, equipment, uniforms etc.) The sponsoring organization benefits by promoting or advertising their goods and services, by building brand association with the event participants and audience, and/or by simply generating goodwill (i.e., corporate social responsibility).





# Sponsorship Policies and Regulations

- Sport clubs are separate legal entities and cannot receive legal advice from the University.
- The sport club assumes responsibility for the implementation of all conditions of an agreement.
- The sport club does not have the authority to guarantee the utilization of University resources to satisfy the conditions of an agreement.
- Without prior approval, the sport club cannot utilize SIU funding sources (i.e., RSS funding, USG funding) to fulfill contractual obligations.
- SIU institutional marks and logos may not be used to satisfy the conditions of the sponsorship agreement.
- Facility access and usage shall be in accordance with Recreational Sports & Services policies and procedures.
- The Competitive Sports Office has the authority to approve or deny sponsor facility usage requests.
- Sponsorship marketing
  - o Sponsorship materials may not interfere with the activities in the area nor increase the risk of injury.
  - o Temporary banners during the sponsored event may be hung in designated places.
  - o The sponsoring organization may request digital marketing at the Student Recreation Center.
- The following entities are ineligible from serving as sponsors in any capacity:
  - Tanning salons
  - o Bars (i.e., a room or establishment whose primary feature is the sale of alcohol.)
  - Alcoholic beverage distributors
  - Tobacco distributors
  - Smoke shops
  - Marijuana dispensaries
  - Other establishments portraying messages that undermine a healthy lifestyle.

# Recommendations for Seeking Sponsorships

- ✓ Please establish realistic expectations when dealing with a sponsor. Consult the Competitive Sports Office when determining what you can offer a sponsor in return for their investment.
- ✓ A sponsorship is a business transaction, and the sponsor is paying your club for a promotional opportunity.
- ✓ Creativity and flexibility are key to being successful in acquiring quality sponsorships.
- ✓ The most successful seekers listen to the needs of their potential sponsors and adapt their sponsorship offerings.
- ✓ Sport clubs are encouraged to review their organization's historical budget for the costliest items. Suppliers may be interested in providing supplies at a discount or at no cost in exchange for advertising.
- ✓ Maximize the appeal of sponsorships by creating several tiers of sponsorship. While benefits from lower tiers should be included in higher tiered sponsorships, lower tiered sponsorships should have less benefits.

# Sponsorship Types

#### Financial Sponsors

Financial sponsorships involve a business providing funds, incentives, or discounts in exchange for public recognition via banners, signs, shirts or announcements. The club receives revenue, and the sponsor gets publicity directed toward a specific target audience.

#### *In-Kind Sponsors*

An in-kind sponsorship is an arrangement where the sponsoring business provides goods or services in lieu of direct financial support. Typically, the sponsor will receive credit or publicity by providing needs goods or services. For example, a restaurant may opt to provide food for a fundraising event or purchase shirts printed with its logo.

# Media Sponsors

Media sponsors are financial sponsors that secure advertising for an event. Purchasing advertising space on local television, in a local newspaper or publishing content on their own social media channels are possible avenues.



# Determining the Value of Sponsorship

The following formula may be employed to determine the value of a single sponsorship's marketing and promotional opportunity. Additional marketing and promotional opportunities should be calculated individually and added together to determine the total value of the partnership (e.g., determine the price of a banner and the price of t-shirts separately to obtain the total cost of partnership).

### IED17 + C = Sponsorship Value (in US dollars)

Interaction (I) - the degree of partner and participant involvement

Interaction	Weighted Value
Banners, Flyers, Apparel & Merchandise	1
Information Tables, Games	2
Product Demonstration, Sample, Giveaways	4
Title Sponsor	6

Community Engagement (E) - the number of people/participants that marketing and promotion may reach.

Community Engagement	Weighted
	Value
< 100 people	1
100-1000 people	2
1001- 3000 people	3
> 3000 people	4

Duration (D) - the length of time that the partnership will last.

Duration	Weighted
	Value
One Day or Less	1
One Week	3
Two Weeks	6
Three Weeks	9
One Month	12
One Year	20

Cost of Production & Maintenance (C) - The final cost is often non-negotiable and represents the cost for a vendor for the time and material dedicated to the creation and maintenance of each individual marketing and promotional opportunity.

# Submitting a Sponsorship Request

When your sport club has identified potential sponsors or has been contacted by potential sponsors, please contact the Competitive Sports Office. SIU may have existing sponsorships with organizations which may impact sport club plans. Before meeting with the Competitive Sports Office, please submit the following items via email:

- ✓ Final proposed terms of agreement (i.e., contract)
- ✓ Marketing and promotion items (e.g., photos, digital content, flyers, banner mockups

Once the Competitive Sports Office has approved the sport club's sponsorship letter or contract, the sport club may contact the approved sponsors and finalize the agreement. Once an agreement has been finalized, the sport club should submit the fundraising request for each sponsorship. Copies of sponsorship materials such as but not limited to signed contracts, banners, digital marketing content, and flyers should be attached to the fundraising request.



# **Prizes & Awards**

# **Physical Prizes & Awards**

### *Trophies, plaques, and medals*

Individual trophies, plaques, and medals are the property of the winner. The Competitive Sports Office requests that sport clubs give team trophies, plaques, and medals to the Office so they may be displayed for future sport club members.

Sport club members that win a physical prize or item have the following options:

- Refuse the prize.
- Accept the prize.
- Request that the prize is awarded to the sport club.
  - o The sport club will assume ownership of the prize.

# **Monetary Prizes & Awards**

Sport clubs that accept University funding from the Competitive Sports Office, Office of Student Engagement, or any SIU-affiliated department or organization are required to award monetary prizes in line with the following policy.

### Procedure for accepting and distributing monetary awards

- When accepting the monetary prize, the sport club will provide the awarding organization with the most current version of SIU Carbondale's W-9 Form.
- The check should be addressed to the sport club, and the following address should be provided:

Recreational Sports and Services
ATTN: Competitive Sports Coordinator
300 East Grand Avenue
Mail Code 6717
Carbondale, IL 62901

• Once the check has been received and deposited into the sport club's account, the sport club's officers will complete the RSS reimbursement form for the winning members.

#### Reimbursement Amounts

Prize money will be distributed between the individuals and the sport club as follows:

- A maximum of seventy-five percent (75%) of the prize may be awarded to the individual(s).
  - o For team sports, the payout will be divided equally among the winning individuals.
- A minimum of twenty-five (25%) of the prize will be awarded to the sport club.
  - o These funds will be deposited into the sport club's RSS Account.

# Tax Liability

- For physical prizes and awards, the winning member(s)s accept all tax liability and any other anticipated or unanticipated expenses related to the ownership and maintenance of the prize.
- For monetary prizes. The member is responsible for reporting the award amount to their state of residence's tax service and Federal Internal Revenue Service (IRS).
- SIU is not responsible for any tax liability or other expenses incurred through the accepting of any prize or award.



# **Club Activity Classification**

The following classification and descriptions should be referenced when planning events, tryouts, meetings, and trips. If there is an activity that is not included below, officers should direct questions to the Competitive Sports Office *before* proceeding with the activity in question.

# **Sport Club Event**

- Definition
  - o Any activity where *club members* are formally representing their sport club, RSS, and Southern Illinois University in a competitive or non-competitive activity.
- Example:
  - Approved or unapproved club travel
  - o Any on-campus or off-campus competition
  - Alumni-focused special event
  - Training seminars
  - Philanthropy
- Travel
  - When traveling off-campus, the sport club should submit the RSS travel request form at least fourteen (14) business days in advance.
  - o If the club is hosting or attending a philanthropic event off-campus, the RSS travel request form must be completed.
- Home events
  - o The sport club should submit the RSS activity registration form for on-campus home events, competitions, and philanthropic events at least twenty (20) business days in advance.
  - Eligibility for competitions is limited to current club members that have met all NGB and Competitive Sports requirements.
  - o If a club seeks to hold philanthropic events on campus, the Competitive Sports Office needs forty (40) business days of advance notice to ensure University policies and procedure are being followed.

# **Sport Club Recruiting/Tryouts**

- Definition
  - Any activity held by a sport club that is used to determine its members for the upcoming season, academic semester, or academic year.
- The sport club must notify the Competitive Sports Office of any upcoming tryouts via the weekly report.
- After completing the sport club participation form, current SIU students and RSS members with qualifying memberships may participate in sport club tryouts.
  - Non-students, non-RSS members, and RSS members under the age of eighteen years of age may not
    participate in practices or tryouts.

# **Sport Club Practices and Meetings**

- Definition
  - Any non-competitive sport club activity that is held on-campus.
  - O Any non-competitive sport club activity that is regularly scheduled at a single off-campus facility (e.g., DuQuion State Fairgrounds, Le Chavel De Boskydell, etc.).
- Examples
  - General practices
  - o Informational meetings
  - Watching film
  - o General meetings
- Unless the club is reserving space within RSS facilities, advanced notification is not required.
- If the club is holding a non-regularly scheduled practice or meeting off-campus, the activity is considered a sport club event, and an RSS travel request form must be completed.



# **Sport Club Travel Policies**

For an improved sport club experience, the Competitive Sports Office encourages clubs to plan social trips and competitions. The Competitive Sports Office places certain stipulations on sport club travel to encourage and promote responsible and safe travel. All sport club members shall obey all Southern Illinois University, Recreational Sports & Services, and Competitive Sports policies and procedures as well as local, state, and federal laws.

# **Travel Request Form**

To comply with the <u>Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act (Clery Act) of 1990</u>, the Competitive Sports Office requires that the RSS travel request form is submitted for all sport club events that are located off-campus.

A travel request form must be submitted in the following situations:

- University funds will be utilized to support the trip.
  - o Typically, the club will submit RSS or RSO purchase, payment, or reimbursement requests.
- The individual or group is officially representing SIU.

The RSS travel request form must be submitted at least fourteen (14) business days prior to the anticipated travel period. All traveling sport members must be listed on the form, the completed sport club participation form for each member must be on file, all anticipated lodging during the trip must be disclosed, and all requested driver information must be disclosed. The following information must be provided:

- ✓ Name
- ✓ Date of Birth
- ✓ Cell Number
- ✓ Email
- ✓ DAWG Tag
- ✓ Driver License Number

- ✓ Driver License Number Expiration Date
- ✓ Name on Insurance Card
- ✓ Insurance Provider
- ✓ Insurance Policy Number
- ✓ Insurance Policy Expiration Date

# **Travel Letters for Sport Club Events**

When requesting an excused absence for a sport club activity, sport club members may request letters to present to their academic instructors. Sport club events and activities are <u>not</u> identified as sanctioned University activities, and instructors are not required to excuse absences or make accommodations. In short, the travel letter is only a *notification* of sport club travel and does not guarantee an excused absence.

Sport clubs should submit the RSS travel letter request form at least fourteen (14) business days in advance of the anticipated travel period. With reasonable notice, the Competitive Sports Office will create letters with the University's letterhead and email PDF versions of each letter.

#### **Driving Requirements**

- Each driver holds a valid driver's license.
- Each driver has active insurance coverage for the duration of the approved travel period.
- Drivers shall observe all traffic and parking regulations.
- Drivers may not be under the influence of prescription and non-prescription drugs that may impair driving ability.
- While operating the vehicle, drivers may not engage in any activity that may cause a distraction.
- Drivers should cease operation of any malfunctioning vehicle and seek automotive services.
- Drivers should not operate a vehicle during hazardous road conditions.
- Drivers should not operate for more than two (2) consecutive hours without at least a thirty-minute break.
  - o No driver should log more than six (6) hours of driving in one day.
  - o The Competitive Sports office requires a second designated driver for trips longer than six hours.
- Driving of personal and rental vehicles is not allowed between the hours of 12:00 AM to 6:00 AM.
- The number of passengers cannot exceed the number of seat belts.



#### Personal Vehicle Use

Sport club members may choose to use their personal vehicle for official sport club special events. Sport club officers cannot require that a member uses their personal vehicle to support club operations. The sport club member accepts all liability and risk when choosing to use their personal vehicle. Southern Illinois University is not liable for any vehicle damage and does not provide liability coverage for personal vehicles.

# Personal Vehicle Inspection

The safety officer should ensure that each personal vehicle undergoes a safety inspection prior to departure. A minimum safety check may include:

- ✓ Headlights
- ✓ Tail & Brake Lights
- ✓ Horn
- ✓ Windshield Wipers
- ✓ Parking Brake
- ✓ Mirrors
- ✓ Tire Tread, Inflation, and Depth
- ✓ Brake System

- ✓ Engine Oil
- ✓ Fluid Levels
- ✓ Visual Hose and Belt Inspection
- ✓ AC/Heater
- ✓ Battery
- ✓ Turn Signals/Hazard Lights
- ✓ Seatbelt

If a personal vehicle does not pass the basic check, it is strongly recommended that the vehicle is NOT used for a club travel event. SIU, Recreational Sports and Services, and the Competitive Sports Office are NOT responsible for personal vehicle damage. The driver of the vehicle may be held responsible for any injuries to members.

# **Reserving Rental Vehicles**

Sport clubs should submit the RSS Rental Vehicle Request Form at least fourteen (14) business days in advance of the anticipated travel period. Sport clubs may choose to reserve a vehicle through SIU Travel Services or to reserve a vehicle off-campus using personal or club funds.

#### SIU Travel Services

All drivers must be current SIU students, faculty, and staff, be eighteen years of age or older, and hold a valid driver's license. Each driver must have valid personal automative insurance. Drivers without valid personal insurance will not be approved to operate the vehicle.

A WEX Fleet Card is provided with Enterprise rental vehicle. A sport club member may choose to use the WEX Fleet Card for fuel purchases during the approved travel period. The WEX Fleet Card cannot be used for non-fuel purchases. After the conclusion of the trip, the fuel expenses will be deducted from the sport club's RSS account.

Enterprise rental vehicles are available for pick up at the Travel Service main office, which is located at 225 Travel Service Dr. (across from the Student Center in between McAndrew Stadium and the Physical Plant). Vehicles can be picked up seven days a week.

If returning a vehicle during normal operation hours, please leave the vehicles parked at the gas pumps with the credit card pack in the vehicle and bring the keys inside to shop personnel. When returning the vehicle after operating hours, please park the vehicle in the Travel Service lot and place the key and credit card pack in the drop box that is located on the door next to the fuel pumps.

### Non-SIU Vehicle Rentals

Sport clubs may utilize personal or off-campus business account funds to reserve rental vehicles from off-campus vendors such as Toyota, U-Haul, and Hertz. University funds cannot be utilized to reserve non-Enterprise vehicles.



### **Key Check Out Policy**

This policy governs the checking out of a key for the purpose of Sport Club practices and activities at the Recreational Sport Complex, the Track and Field Complex, Davies, or any other permitted facility.

# Check out the key

- In order to be able to check out a key to access facilities for sport club practice or activities, a member of the club's executive board or an employee of the Student Rec Center must visit the reception desk on the first floor of the Student Rec Center.
- Executive Board Members and Student Rec Center Employees are required to check out the key at least 30 minutes prior to the start of their scheduled practice or activity time. Attempting to check out the key less than 30 minutes prior to the start of practice may not be approved.
- The key check out form must be filled out by the individual that accepts responsibility for the key.
  - o The form must be filled out completely, and all information must be accurate.

# *Use of the Key*

• Sport Club executive board members or Student Rec Center employees are permitted to use the key during scheduled on campus practice or activity times.

# Return of the Key

- Sport executive board members or Student Rec Center employees are required to return the key upon the conclusion of their scheduled practice or activity.
- The individual who checked out the key must be the individual to return the key.

# *Misuse of the Key*

- Unauthorized use of the key will result in disciplinary action against the individual and their sport club.
  - o Possible disciplinary actions may include but will not be limited to:
    - Clubs may lose the ability to check out a key for a designated period of time.
      - If clubs lose the ability to check out a key, the club will be responsible for paying for the staffing of a supervisor for their practice.
      - Individuals and clubs may be entitled to compensate for costs associated with misuse of the key.
        - o Possible costs may include but will not be limited to:
          - Replacing locks at necessary campus and rec facilities
          - Replacing keys for necessary rec and campus facilities
          - \$3,500 Rec Sports Electrical Light Fee
  - o Misuse of the key may include but will not be limited to:
    - Failure to return the key upon the conclusion of the scheduled practice or activity.
    - Sharing the key with other individuals.
    - Using the key outside of scheduled sport club practice or activity times.
    - Failing to turn lights off following the end of a practice or activity.

### **Lights / Light Code Policy**

This policy governs the use of lights and the light code for the purpose of Sport Club practices and activities at the Recreational Sport Complex, the Track and Field Complex, Davies, or any other permitted facility.

# *Use of the lights / light code*

Sport club executive board members or student recreation employees are permitted to use the lights at the
recreational sports complex, Davies, or the track and field complex during scheduled sport club practice
or activity times.



# Misuse of the lights / light code

- Unauthorized use of lights or the light code will result in disciplinary action against the individual and their sport club.
  - o Possible disciplinary actions may include but will not be limited to:
    - Clubs may lose the ability to check out a key and will lose their privilege of turning on field lights for a designated period of time.
      - If clubs lose the ability to check out a key and therefore lose their privilege to turn on the lights, the club will be responsible for paying for the staffing of a supervisor for their practice.
      - Individuals and clubs may be entitled to compensate for costs associated with misuse of the light code.
        - o Possible costs may include but will not be limited to:
          - Replacing electrical box for a new light code / circuit
          - Replacing locks and codes at necessary campus and rec facilities
          - \$3,500 Rec Sports Complex Electrical Light Fee
  - o Misuse of the lights or light code may include but will not be limited to:
    - Sharing the code with other individuals.
    - Using the code to turn on/off lights outside of scheduled sport club practice or activity times.
    - Failing to turn the lights off following the end of a practice or activity.
    - Using the lights longer than allotted practice or activity time.

#### **Vehicle Accidents**

All automobile accidents involving an individual or group officially representing the University vehicle must be promptly reported to the proper authorities and the Competitive Sports Coordinator. This includes minor accidents in which you may believe there is no damage or injury. Failure to promptly report accidents may result in programmatic sanctions.

In case of an accident that occurs with either a personal or rental vehicle, please complete the following steps:

- 1. Contact area emergency personnel via 911. Make sure that all individuals receive medical attention immediately.
- 2. Obtain the names and names of all people (e.g., witnesses, other drivers, etc.) involved in the accident.
- 3. Obtain the driver information and insurance information of all vehicles involved in the accident.
- 4. Contact the Competitive Sports Coordinator immediately. If unavailable, leave a message and notify the Coordinator of Competitive Sports.
- 5. Submit an incident report to the Competitive Sports Office ASAP.

#### **Hotel Reservations**

Sport clubs are welcome to secure hotel reservations with personal funds or University funds (i.e., RSS program allocation funds, RSS contingency funding, and/or USG funding). Sport clubs will have the opportunity to purchase hotel accommodation via the Lucid Travel website, another hotel booking service (e.g., Priceline, Expedia Hotel.com etc.), or the hotel's website. Sport clubs should notify the Competitive Sports Coordinator immediately of any changes in their hotel accommodation.

#### Hotel Reservation Procedure (Lucid Travel)

- 1. At least fourteen (14) business days (Mondays Fridays) in advance of the anticipated travel period, a club's executive officer shall complete the following:
  - a. Submit the RSS Travel Request.
  - b. Visit the SIU Lucid Travel website → https://siu.hotelplanner.com/
  - c. Submit the reservation request for approval to the Competitive Sports Coordinator.
- 2. The Competitive Sports Coordinator shall approve and complete the reservation.
  - a. The Competitive Sports Office cannot guarantee that the requested hotel accommodation or the quoted price will remain the same.



- b. The Competitive Sports Office may seek the best deal on behalf of the club.
- 3. Lucid Travel shall send a copy of the hotel confirmation to the requesting sport club officer via text and/or email.

# Hotel Reservation Procedure (Non-Lucid Travel Reservations)

- 1. A club officer shall submit the travel request or purchase request with attached hotel quote at least fourteen (14) business days (Mondays Fridays) in advance of the travel period.
- 2. Once the travel request has been approved, the Competitive Sports Office will contact the requesting officer to schedule an appointment. Appointments shall be scheduled during normal office hours.
- 3. During the appointment, the club will receive a Procurement Card (P-Card) for reserving the hotel room online or via the phone. After the reservation has been completed, the club officer shall return the P-Card and copy of the reservation to the Competitive Sports Coordinator or an RSS professional staff member.
- 4. One business day prior to the approved travel period, the club officer or the designated individual shall pick up the P-Card during normal business hours. A current SIU identification and state driver's license is required for P-Card check out. They will sign a letter and the P-Card check out log, indicating that they have accepted responsibility for the use and return of the P-Card.
- 5. No later than one business day after the approved travel period has passed, the designated card holder shall return the P-Card and any receipts of any completed purchases (Final hotel invoice(s), parking receipts, etc.).

Failure to return the P-Card and receipts in a timely manner may result in loss of P-Card privileges and possible additional penalties imposed by the Sport Club Advisory Board, Competitive Sports Office, Recreational Sports and Services, and Southern Illinois University.

# Approved and Non-Approved P-Card Use

The P-Card may be used for the following hotel purchases:

- ✓ Room Charge
- ✓ Hotel Parking/Valet Service
- ✓ Occupancy & Sales Taxes
- ✓ Any local and/or state hotel/motel fees

Non-approved use of the P-Card includes but is not limited to the following:

- ✓ Room service
- ✓ Movie rentals/Pay-per-view expenses
- ✓ Meals or Honor Bar/Mini-Bar use
- ✓ Purchase of Incidentals (e.g., personal hygiene products)

For any non-approved purchases, the designed individual will be asked to reimburse Recreational Sports and Services and may lose P-Card privileges. The sport club is also subject to disciplinary action that may include loss of P-Card privileges, revocation of travel privileges, and any additional sanctions imposed by the Sport Club Advisory Board, the Competitive Sports Office, and Recreational Sports and Services. If you have any questions regarding proper use during your trip, please contact the RSS Competitive Sports Coordinator.

If the P-Card is stolen or lost during the trip, please contact the Competitive Sports Coordinator or Coordinator of Competitive Sports immediately. Notifying the department in a timely manner is important to prevent unauthorized use of the P-Card.

#### Clergy Act Requirements

Sport Clubs that stay at a hotel during an approved or unapproved travel period are required to provide lodging details (e.g., room number(s), location of hotel, time frame of stay, etc.). Typically, the final hotel invoice will provide this information. Sport clubs should provide this information to the Competitive Sports Office.



# Sport Club Cargo Trailer Policies, Procedures, and Guidelines

Please refer to Appendix F for the sport club cargo trailer policies and procedures.

# **Facility Requests**

### **Guidelines**

Throughout the academic year, the Competitive Sports Office reserves RSS facilities, Davies Gymnasium, and Saluki Athletics facilities for sport club practices, competitions, and other events. Information for scheduling events and meetings for other campus locations can be found here.

- RSS facilities are available for reservation
  - Multisport Courts Three Seven
  - Indoor Turf
  - Group Fitness Studio
  - o Alumni Lounge
  - Martial Arts Studio

- Racquetball Courts
- Pool Lounge #1

Natatorium

- 200 Meter Track Lower Level
- Saluki Courts

- Saluki Athletics facilities available for reservation
  - Itchy Jones Stadium
  - Lew Hartzog Track and Field Complex
  - Davies Gymnasium
- If a sport club wishes to reserve a space, they must abide by the following procedures and guidelines:
  - Practices
    - o The RSS activity registration form should be submitted for practice spaces and times.
      - Practice spaces and times will be allocated based on order of request submission.
      - Sport clubs are eligible for two practices per week.
      - Additional practices may be scheduled if staffing and facility availability is optimal.
    - Practice Cancellation Policy
      - During the week (Monday Friday), practices should be canceled no later than 2:00 PM.
      - During the weekend (Saturday & Sunday), practices should be cancelled at least two hours before the scheduled practice time.
      - A practice may be considered cancelled after fifteen minutes (15:00) of inactivity, and the Competitive Sports Supervisor reserves the right to cancel the practice.
    - Excused and unexcused missed practices
      - Excused missed practices
        - Sport clubs may not incur any penalties in these cases.
      - Unexcused missed practices
        - The sport club may be required to reimburse the Competitive Sports Office for staffing expenses.
        - After three or more unexcused missed practices, the sport club may forfeit the practice reservation for the remainder of the semester.
  - Home events
    - o The RSS activity registration form should be submitted for home competitions and special events.
      - The form should be submitted at least twenty (20) business days prior to the event.
    - o If field preparation needs, staffing, and facility availability allow, the request will be approved.
    - Special requests for non-RSS facilities will be forwarded to the appropriate contact for approval.
    - Sport clubs may be charged the standard reservation fee and staffing expenses if the event is canceled without notifying the Competitive Sports Office.
  - Sports clubs may not reserve the following facilities during Saluki Athletics events:



- Homecoming No outdoor field spaces may be reserved.
- Home Football Games Upper Arena and the Lew Hartzog Track & Field Complex
- Baseball Home Games Upper Arena and the Lew Hartzog Track & Field Complex
- Softball Home Game Sam Rinella Fields
- SIU Varsity Track Meets & SIU Varsity Soccer Matches Lew Hartzog Track & Field Complex

# **Risk Management**

The safety of and care for sport club members, visitors, and spectators should be a top priority. It is vital for each sport club to identify and evaluate potential risks to streamline response and to mitigate hazards.

# **Elements of Risk Management**

#### 1. Identification

a. Prior to hosting an event, traveling to a competition, or competing in any other activity, clubs should identify the risks associated with that activity.

#### 2. Assessment

a. Once you have identified the risks associated with the club's activities, these risks should be evaluated to determine their severity and probability. A proper evaluation of these risks will assist the club in determining the best way to handle each risk.

#### 3. Control

- a. Once the risks have been evaluated, clubs must determine the effective method for managing each risk.
- b. Clubs may choose to do one of three things after evaluation: eliminate, limit, or accept the risks.
  - i. All sport club activities, by their nature, involve risk; therefore, the answer should not always be to eliminate the activity simply because risk exists.
- c. Once the most effective method for managing risk has been identified, clubs should implement a risk management plan.

#### 4. Monitoring

- a. Once all common risks have been addressed, continual monitoring is necessary.
- b. New risks may present themselves and may require novel solutions.

#### Recommendations to Reduce Risk

Please review the following recommendations to reduce risk. This is not an exhaustive list.

- Regularly inspect all sport-related equipment, vehicles, apparatuses, and clothing.
  - o All equipment and clothing should be replaced as needed.
- Prior to activity, perform a thorough inspection of practice and competition spaces.
  - Playing surfaces should be checked for damage, debris, wet spots, and any other hazards.
  - o If the surface is unsafe, the area must be cleaned or brought to the attention of the Competitive Sports Supervisor, Competitive Sports Coordinator, or RSS staff. Practice or competition will not resume until the issue is resolved.
- All club members should execute pre-practice warm up activities to prevent potential injuries.
  - o Examples: Light jogging, foam rolling, body-weight exercises, and stretching
- The safety officer or their designee should be present at all practices with the RSS emergency contact list, access to the member participation forms, and access to the virtual or paper-based incident and accident reports.
- Coaches and officers should encourage members to rest and stay properly hydrated.
- Teach proper and effective sport specific techniques to reduce the potential harm to the player, teammates, and others. Refer to your national governing body or experts in your sport for guidance.

#### **Safety Officer Training**

The safety officer is required to complete a training session at the beginning of the academic year. The training will review basic program information, responding to emergency situations, and completing required reports.



#### **Sport Club Participation Form**

Prior to officially participating in club activities, each member is required to complete the sport club participation form. The sport club participation form captures the contact information, medical history and information, and emergency contact information. While sport club members are not required to disclose their medical history and information, the Competitive Sports Office strongly encourages members to provide an accurate and complete medical history. Safety officers and first responders (e.g., firefighters, police officers, EMTs etc.) will have access to potentially life-saving knowledge. Participation forms are deleted at the beginning of a new fiscal year.

#### **CPR/AED/First Aid Certifications**

The Competitive Sports Office requires that at least two (2) club members certified in basic CPR/AED/First Aid through the American Red Cross (ARC) or the American Heart Association (AHA). Licensed medical practitioners, Certified Athletic Trainers, and Wilderness First Responders receive extensive training and are not required to obtain certifications from the ARC and AHA. These individuals are required to submit proof of licensing to the Competitive Sports Office.

Recreational Sports and Services offers ARC blended learning certification courses. Interested members can visit online.rec.siu.edu to register for one of the monthly certification courses. Members may also choose to obtain certifications through non-RSS online only courses offered by the American Red Cross (ARC) and the American Heart Association (AHA). The certified member(s) will be required to register for and successfully complete a CPR/FA/AED in-person skills check. A member that fails the skills check will be required to register for and complete the RSS ARC course.

Copies of current certifications for each club must be submitted to Saluki Connect. Each club is required to have at least one CPR/AED/First Aid certified member present at all practices, games, and travel events.

#### First Aid Kits & AEDs

Sport clubs are strongly encouraged to purchase and maintain their own first aid kits. The Competitive Sports Office recommend American Red Cross first aid bags. The following list is a guideline for contents of your first aid kits. The safety officer should check the first aid kit regularly and restock items as needed.

- ✓ Pocket Guide
- ✓ Cold Packs (3)
- ✓ Pair of Surgical Gloves (Nitrile) (5)
- ✓ Heat reflective Survival Wrap/Blanket (1)
- ✓ Adhesive Bandages (Regular Size)
- ✓ Adhesive Bandages (Large)
- ✓ 3v3 Sterile Gauze (8)

- ✓ Rolled Sterile Stretch Gauze Bandages (3)
- ✓ Roll of 3D Medical Tape (3)
- ✓ Bandage Scissors
- ✓ Eve Wash Bottle
- ✓ Universal CPR Pocket Mask
- ✓ Biohazard disposal bags (5+)
- ✓ Glucose Tablets

Competitive Sports Supervisors are equipped with first aid kits for on-campus club activities. During on-campus events, the Student Recreation Center and Competitive Sports Supervisors will have AEDs available for use in emergencies.

#### **Inclement and Severe Weather**

To ensure the fields are maintained properly, careful consideration will be made when programming events during rain or on wet fields. If the Competitive Sports Office considers field conditions and the weather to be adverse, sport club events will be canceled. For weekly practices, the Competitive Sports Office will attempt to contact all clubs with scheduled practices by 2:00 PM to cancel evening practices.

The Competitive Sports Supervisor has the authority to cancel all activities in the event of severe weather. If a Competitive Sports Supervisor is not present, sport club officers are expected to suspend activities. When a severe weather watch or warning has been issued, sport club officers should cancel practice and direct members to their vehicles or the nearest shelter.



#### Lightning

If the university lightning detector system indicates that lightning is near, all sport club activities are postponed for thirty minutes. In the absence of an electronic lightning detector system, sport club officers use the Flash to Band method of determining distance. When lightning is observed within six miles of the venue, sport club activities should be cancelled immediately, and all members should seek shelter.

Table #2: Flash to Bang Method

If thunder is heard	The lightning is
Five (5) seconds after a flash	One (1) mile away
Ten (10) seconds after a flash	Two (2) miles away
Fifteen (15) seconds after a flash	Three (3) miles away
Twenty (20) seconds after a flash	Four (4) miles away
Twenty-five (25) seconds after a flash	Five (5) miles away
Thirty (30) seconds after a flash	Six (6) miles away
Thirty-five (35) seconds after a flash	Seven (7) miles away
Forty (40) seconds after a flash	Eight (8) miles away

#### **Accidents & Incidents**

If there is an accident or incident during any sport club activity, documentation must be completed for the protection of the individual, club, and the University. The accident/incident should then be reported to the Competitive Sports Supervisor or the Competitive Sports Office. During an approved travel period or off-campus activities, all accident and incident reports should be submitted via the online forms within one business day.

During approved travel periods, if an accident occurs that requires transportation to a hospital or EMT assistance, a sport club officer should immediately contact the Competitive Sports Coordinator.

An incident report should be completed when the following occurs:

- Physical altercation
- Removal of someone from a facility during a home activity
- Intentional or reckless damage to SIU, RSS, sport club, or personal property
- Report of stolen SIU, RSS, sport club, or personal property

An accident report should be completed when the following occurs:

- Care is provided and/or first aid equipment is used.
- Someone is injured.
- Someone is ill/sick.
- A head or neck injury occurs.

#### Writing an Effective Accident or Incident Report

When it is necessary to write a report, gather all possible facts concerning the incident or injury. It is important to avoid accusations, opinions, and conjectures. A properly completed report should illustrate events leading to the incident or accident, describe the nature of the accident or incident, and document what occurs after the accident or incident.

Reminders about completing an RSS Incident or Accident Report:

- 1. Preferably, the report form should be completed online via the sport club website.
- 2. Please ensure that all handwriting is legible for any paper reports.
- 3. Record the actual time, date, and location where the incident/injury occurred.
- 4. Obtain a case number for situations where the police or EMS are called.
- 5. Obtain the names, signatures, and contact information of any witnesses and the injured party.



#### Serious Accident/Incident Protocol

If a critical incident or accident listed below occurs at any time, immediately call/text the Competitive Sports Coordinator. If the Competitive Sports Coordinator and the Coordinator of Competitive Sports are unavailable, please contact the Student Recreation Center for assistance.

	Office Number	Cell Number
Vacant – RSS Program Director		
Josh Heape – Coordinator of Competitive Sports	618-453-2535	
Student Recreation Center	618-453-1277	

#### Examples of Serious Accidents/Incidents

- EMS (9-1-1) is called in the following situations:
  - a. The victim is unconscious, not breathing properly, or shows no signs of life.
  - **b.** The victim has sustained a head, neck, or back injury.
  - c. The victim shows signs of a heart attack.
  - **d.** The victim has unusual or severe bleeding.
  - e. The victim is experiencing seizures.
  - **f.** A victim is near drowning.
  - g. The victim has severe burns.
  - **h.** The victim is in shock.
  - i. The victim shows signs of a heat or cold related injury.
- A SIU sport club athlete leaves a sport club event in an ambulance or visits the hospital.
- A non-SIU sport club athlete leaves a sport club home event in an ambulance or visits the hospital.
- SIU sport club members experience a vehicle accident while being transported to a sport club event.
- On-campus field or court conditions cause serious injury.
- Any major incidents requiring a response from DPS or the local police
- An incident requiring evacuation of the building (e.g., fire, power outage)

#### **Concussion Management**

The Competitive Sports Office does not require training in concussion management and does not require baseline testing or the hiring of Certified Athletic Trainers. The president, vice president, treasurer, and safety officer(s) of each club are required to review the NFHS and CDC Concussion Information Sheet and share the information with their club members.

#### Concussion Management Procedure for Play and Practice

- 1. When a player reports concussion symptoms or displays concussion signs, the player should be immediately removed from practice and competition. The player should immediately visit the SIU student Health Center. If the Student Health Center is not available, please visit your primary health care provider or the nearest emergency room immediately.
- 2. The Competitive Sports Supervisor or sport club officer will submit an accident report, documenting the situation.
- 3. Upon receipt of the accident report, the Competitive Sports Office will formally suspend the potentially concussed sport club athlete from practice and competition.
- 4. The player shall not return to play or practice unless cleared by a healthcare professional (e.g., licensed physician, advanced registered nurse practitioner, physician assistant, certified athletic trainer, or Doctor of Osteopathic Medicine (DO).)
- 5. The Competitive Sports Office must receive a signed note from the healthcare professional, clearing the sport club athlete for participation.

The Competitive Sports Office strongly recommends that a concussed player follow a concussion management protocol as determined and administered by a healthcare professional (e.g., licensed physician, advanced registered nurse practitioner, physician assistant, certified athletic trainer, or Doctor of Osteopathic Medicine (DO).)



# Non-Discrimination, Sexual Misconduct, & Anti-Hazing Policy

Sport club athletes are held in the highest regard as it relates to personal and team conduct. As a representative of SIU, the Competitive Sports Office values the physical, emotional, and psychological safety of all sport club members.

#### **Non-Discrimination in Membership**

The Southern Illinois University Student Conduct Code defines discrimination as follows:

Any act or failure to act that is based upon an individual or group's actual or perceived status (any person or group of persons based on race, color, national origin, ancestry, religion, sex, sexual orientation including gender identity, marital status, age, physical or mental disability, military status, unfavorable discharge from military service, or veteran's status) that is sufficiently severe that it limits or denies the ability to participate in or benefit from the University's educational programs or activities (p. 8).

Regarding sanctioned competition, clubs should research the requirements of their National Governing Body and league/division to remain in compliance with those organization's eligibility guidelines.

#### **Sexual Misconduct**

Title IX of the Education Amendments of 1972 prohibits sex discrimination in educational institutions that receive federal funding. Under Title IX, schools are legally required to respond to and remedy hostile educational environments. As a recipient of federal funding, SIU prohibits sexual harassment, dating and domestic violence, stalking, and sexual assault. Other acts of sexual misconduct such as display of pornography, the exchange of money, goods, or services in exchange for any sexual activity; and retaliation towards individuals involved in a sexual harassment complaint are also prohibited.

Sport club executive officers are required to notify the RSS Competitive Sports Coordinator, a club advisor, or a University staff member when alleged violations of Title IX may have occurred.

For more information and guidance for reporting sexual harassment and gender-based violence, please visit the Office of Equity and Compliance's webpage.

#### Hazing

Students take pride in being part of a community in which all members are treated with dignity and respect. Hazing, in any form, by any student, coach, or advisor poses a serious threat to the health and safety of our students. Allegations of hazing will be referred to SIU Student Rights and Responsibilities for review.

For purposes of this policy, Southern Illinois University defines hazing as the following:

Conduct that endangers the mental or physical health or safety of a student, or that destroys or removes public or private property for the purpose of initiation, admission into, affiliation with or as a condition for continued membership in a group or organization. Participation or cooperation by the person(s) being hazed does not excuse the violation. Failing to intervene to prevent or failing to discourage or failing to report those acts may also be a violation under this policy (p. 10).

Ask yourself the following questions to determine if your planned activity is hazing:

IZ D

- Would you tell prospective members what they will go through?
- Would you tell the parents of your members what you are doing?
- Would you let the University administration know what your organization is planning?
- Would you be prepared to go to court to defend the merit of this activity?
- Would you let the Daily Egyptian observe and report your activity?



All club members are responsible for reporting a hazing incident. Reports may be filed in person with the Dean of Student Office or via the <u>Hazing Report</u>. The Hazing Report may be completed anonymously, but the Dean of Students staff may have difficulty in completing the investigation without your contact information.

## **Sport Club Compliance Program**

The sport club compliance program is intended to supplement the SIU Student Conduct Code by addressing sport club-specific violations. The sport club compliance program serves to highlight the most common programmatic infractions and is not intended to serve as all-inclusive. The compliance program exists to provide clubs and individual participants with clear expectations, to ensure the enforcement of fair and consistent consequences, and to afford the Competitive Sports Office a tool to encourage individuals and clubs to comply with current policies and procedures.

Clubs should also note that their coaches and spectators will be held accountable. Clubs and members not in compliance will be held accountable through censures, restrictions, and application of the different club statuses listed in the compliance program.

When a club has committed programmatic minor and/or major violations, the Competitive Sports Coordinator has the authority to impose a change in club status. With the recommendation of the Sport Club Advisory Board, the Competitive Sports Coordinator determines the length of programmatic probation, suspensions, or removals.

Sanctions and/or restrictions imposed by the Office of Equity and Compliance, Office of Student Rights and Responsibilities, and the Office of Student Engagement shall take precedence over a sport club's programmatic status. As a result, a sport club's programmatic status may be downgraded or upgraded to align with either office's decision.

The compliance checklist can be found in Appendix G.

#### **Sport Club Programmatic Statuses**

#### Conditional Status

Conditional clubs are prospective sport clubs that failed to meet the four requirements for promotion or a sport club that received a compliance score of fifty (50) points or less. Sport clubs with a Conditional status are required to achieve a compliance score of seventy (70) for the next academic year. These clubs must also demonstrate a sound fiscal management strategy (e.g., fundraising, judicious use of available on-campus and off-campus funds, careful monitoring of account balances etc.) and the ability to hold regularly attended practices and meetings. Conditional clubs that fail to meet these requirements are subject to removal from the sport club program.

#### Probational Status

Clubs on probation have no restrictions on their club operations. Typically, clubs in good standing have failed to follow the expectation of the requirements of the University.

#### Restrictive Probation Status

These sport clubs may not access or request RSS or USG funding, may not officially represent the university at competitions and other events, and may not officially request travel support. These sport clubs may continue to practice and hold meetings. Individual members may travel and compete without University support.

#### Suspended Status

Sport clubs that are downgraded to Suspension status must meet the stated requirements of the Office of Student Engagement, Office of Student Rights and Responsibilities, and/or the Competitive Sports Office to receive a promotion in club status. Suspended clubs that fail to fulfill the requirements of the University offices are subject to removal from the sport club program.



#### Deactivated/Removed Status

Sport clubs that are officially removed from the sport club program cannot participate in the sport club program for a designated period. Eligible students may apply to join a sport club after their involuntary dissociation has ended.

Table #3: Sport Club Programmatic Statuses & Accompanying Restrictions

	Criteria	Restrictions
Conditional	<ul> <li>Conditional status is gained immediately after receiving approval as a new sport club.</li> <li>A sport club that earns a score of fifty points or less on the Sport Club Compliance Checklist.</li> </ul>	The sport may not receive RSS program allocation funding.
Good Standing	The sport club does not have any disciplinary or academic sanctions in place.	None
Probation	A sport club has failed to comply with expectations outlined in the Sport Club Handbook, RSO Handbook and/or the SIU Student Conduct Code.	None
Restrictive Probation	<ul> <li>A sport club has committed excessive minor violations or multiple major violations.</li> <li>While on probation, the club commits a major violation.</li> </ul>	A sport club may not compete or travel on behalf of Southern Illinois University.  A sport club may not access or request University funding.
Suspension	<ul> <li>A club fails to schedule and attend the Fall or Spring Semester meeting with the Competitive Sports Coordinator.</li> <li>The sport club failed to submit and present the annual report.</li> <li>The sport club is placed in the RSO Dawg House.</li> <li>A sport club commits multiple major violations.</li> <li>After being placed on restrictive probation, the member continues to fail to satisfy the requirements of a University Office.</li> </ul>	All club operations are suspended indefinitely.  A sport club may not access or request University funding.
Deactivation	<ul> <li>The Office of Student Engagement or Office of Student Engagement, or Office of Equity and Compliance revokes the club's RSO status.</li> <li>A suspended sport club commits a major violation.</li> <li>A suspended sport club fails to comply with the terms of the suspension.</li> <li>A sport club uses RSS funding and/or USG Funding to support non-sport club related activities or purchases.</li> </ul>	A sport club cannot participate in the sport club program for designated period.

Table #4: Member Programmatic Statuses & Accompanying Restrictions

	Criteria	Restrictions
Good Standing	The sport club or member does not have any disciplinary or academic sanctions in place.	None
Probation	A member has failed to comply with expectations outlined in the Sport Club Handbook, RSO Handbook and/or the SIU Student Conduct Code.	None
Restrictive Probation	<ul> <li>A member has committed minor and/or major violations</li> <li>While on probation, the member commits a major violation.</li> </ul>	A member may not compete or travel on behalf of Southern Illinois University.
Suspension	<ul> <li>The member is placed in the RSO Dawg House.</li> <li>A member commits multiple major violations.</li> <li>After being placed on restrictive probation, the member continues to fail to satisfy the requirements of a University Office.</li> </ul>	All club activities are cancelled and prohibited.  A sport club may not access or request University funding.
Removal	<ul> <li>The Office of Student Engagement or Office of Student Engagement, or Office of Equity and Compliance removes a member.</li> <li>A suspended member commits a major violation.</li> <li>A suspended member fails to comply with the terms of the suspension.</li> <li>A member utilizes RSS funding and/or USG Funding to support non-sport club related activities or purchases.</li> </ul>	A member cannot participate in the sport club program for a designated period.





#### **Programmatic Violations**

The following lists of minor and major programmatic violations are not all inclusive and serve to address more common violations. It is important to know that the circumstances of the situation determine violation severity.

#### Minor Programmatic Violations

- 1. Paperwork
  - a. Failure to submit required documents, forms, and requests by the stated deadline.
- 2. Meeting Attendance
  - a. Failure to have a club representative attend officer training, Sport Club Council meetings, and any other required meeting or workshop.
- 3. Practices, Competitions, and Club Activity Conduct
  - a. Failure to notify the Competitive Sports Office of practice cancellations by the club.
  - b. Failure to obtain approval to utilize an on-campus space.
  - c. Failure of club members to properly manage guests during sport club activities.
  - d. Posting an inappropriate image, text, or link on a club website or social media site.

#### Major Programmatic Violations

- 1. Violations of the SIU Carbondale Student Conduct Code
- 2. The Office of Student Engagement places the sport club in the RSO Dawg House.
- 3. Weekly Report
  - a. Failure to submit weekly reports by the stated deadline.
  - b. Failure to report severe member misconduct in a timely manner.
- 4. Practices, Competitions, and Club Activity
  - a. Allowing an individual to participate without completing the sport club participation form.
  - b. Failure to submit an RSS Activity Registration Form prior to hosting a home event.
  - c. Failing to represent the sport club, Competitive Sports Program, RSS, and SIU in a positive manner
  - d. Failure of club members to take responsible action to prevent their guests (including opponents/fans at home events) from violating University regulations.
  - e. Posting an inappropriate image, text, or link on a club website or social media site.
- 5. Meeting Attendance
  - f. Failure to have a club representative attend the Fall Meeting and/or the Spring Meeting with the Competitive Sports Office.
- 6. Annual Report
  - g. Failure to submit and present an annual report in the Spring Semester.
- 7. Risk Management
  - h. Failure to provide proof that two members possess a current CPR/First Aid/AED certification.
  - i. Failure to submit the appropriate paperwork for an accident, incident, or injury within forty-eight hours.
  - j. Failure to notify the Competitive Sports Office immediately after an injury involving emergency personnel (e.g., ambulance, hospital, etc.) or any incident involving law enforcement.
- 8. Club Travel
  - k. Failure to submit the RSS travel request form for an official club trip.
  - 1. Failure to update travel request details, changed, and revisions immediately.
  - m. Operating a motor vehicle in a reckless manner or while impaired by alcohol or any drug.
  - n. Failure to report a vehicle accident or personal injury to the Competitive Sports Office
  - o. Transporting any non-club member while traveling on official club business
  - p. Driving without a current and valid license
  - q. Driving between midnight and 6:00 am without approval
  - r. Driving for more than four consecutive hours and/or more than eight hours in a calendar day
- 9. Misuse of Funds and Improper Fiscal Management
  - s. Failure to pay any University or vendor charges, late fees, or interest in a timely manner.
  - t. Misuse of the University Procurement Card (P-Card)
  - u. Misuse of RSS program allocation funding, RSS contingency funding, and USG funding
  - v. Requesting and receiving University reimbursements for non-club related purchases



#### **Programmatic Investigation Process**

If a possible programmatic infraction is observed by or reported to the Competitive Sports Office that requires additional information, the sport club president shall receive an email notification that the club may have committed an alleged infraction. The sport club president must contact the Competitive Sports Office within two business days to schedule an investigative meeting with the Competitive Sports Coordinator, Coordinator of Competitive Sports, and the Advisory Board. If the sport club president does not respond to the notification, the club's programmatic status may be affected, and programmatic penalties may be imposed.

Once the investigation is completed, the Competitive Sports Coordinator will review the findings of the investigation. Regardless of the outcome, individual(s) involved and/or the club officers will receive an email notification with a written summary explaining the outcome of the investigation. Although there is no time limit on the investigation process, investigations will be conducted thoroughly and quickly as possible.

For serious infractions and violations of the Student Conduct Code, Student Rights and Responsibilities and/or the Office of Equity and Compliance will investigate. The Competitive Sports Office will share all relevant information with the Office of Student Rights and Responsibilities and/or the Office of Equity and Compliance. Those university offices may contact sport club officers and members.

#### **Programmatic Penalties**

Penalties will be imposed on a case-by-case basis. Major and minor programmatic violations will be evaluated in the context of the situation, and the status and history of the sport club will be considered.

When programmatic penalties have been imposed on a club, the club president will receive an email explaining the nature and time frame of the sanctions, outlining required actions and behaviors, and explaining the appeal process. Programmatic penalties shall be considered final in five business days after the sport club and/or individual has been notified via email.

## **Programmatic Penalty Appeal Process**

Once a notice of programmatic penalties(s) has been sent to a sport club or member, the opportunity to appeal becomes available. Any programmatic penalty imposed is in effect until the sport club or individual is notified of a change. To appeal, please follow the procedure:

- 1. Submit an appeal letter to the Competitive Sports Coordinator within five business days of the date on the letter. The letter should address all relevant programmatic penalties and include a detailed response to each penalty.
- 2. A hearing will be scheduled with the club and/or individual(s) involved, the Sport Club Advisory Board, the Competitive Sports Coordinator, and Coordinator of Competitive Sports.
- 3. The appeal hearing is open to the following:
  - a. All officers of the relevant sport club
  - b. A maximum of five additional club members
- 4. Within forty-eight hours of the conclusion of the hearing, the Advisory Board shall issue its recommendation to the Competitive Sports Coordinator. These recommendations may state to uphold, modify, or eliminate the challenged penalty.
- 5. The Competitive Sports Coordinator will meet with the sport club to discuss the final decision.



# **Appendix A: Prospective Advisory Board Member Speech**

#### **Guidelines**

- The speech should not exceed ten minutes in length.
- The prospective advisory member will adopt business casual dress.

#### **Speech Outline**

Please address the following questions during your speech:

- Please briefly discuss your academic and athletic background.
- Please discuss your sport club/RSO experiences.
- Discuss your reasons for applying for the advisory board.
- Discuss your relevant skills and abilities.
  - o How will these skills and abilities support your success as an advisory board?
- What are three pressing issues for sport clubs at SIU?
  - O As an advisory board member, what methods will you propose to address these issues?





# **Appendix B: Sport Club Tier System**



	Competitive Tier	Recreational Tier	Social Tier	Notes
Governing Body	Membership with a national/regi	Membership with a national/regional governing body is required.	No membership is required.	
Roster Size	Minimum number of eligible players to field a full team.	Minimum number of eligible players to field a full team.	A minimum of five student members is required.	Active members appear on the official roster on Saluki Connect.
Community Service & Events	The sport club is required to accumulate two (2) hours of comm number of active members will determine the minimum number receives compensation in any form, it is not community service. There are two methods to receive volunteer credit:  1. The student will visit the Saluki Volunteer Portal, regivolunteer hours. The student will need to submit a copiculation officer.  2. A representative of the host organization shall sign the volunteer hours of all listed club members.	The sport club is required to accumulate two (2) hours of community service per active member per semester. The number of active members will determine the minimum number of community hours required for the club. If the club receives compensation in any form, it is not community service.  There are two methods to receive volunteer credit:  The student will visit the Saluki Volunteer Portal, register for an event, attend the event, and official receive volunteer hours. The student will need to submit a copy of their verified volunteer hours to the designated specific both officer.  A representative of the host organization shall sign the Service Hours verification form, approving the volunteer hours of all listed club members.	active member per semester. The ours required for the club. If the club attend the event, and official receive d volunteer hours to the designated sport rerification form, approving the	Community service will be counted based on the total number of community service hours for the entire team for the semester.  Community events are defined as club-organized events focused on providing the SIU community with free instructional classes or informal recreation.
Competitive Activities	Five (5) events or two (2) tournaments	Three (3) events or one (1) tournament	No competitive activities are required.	Competitions are defined as the club competing against another organization in a sanctioned contest, match, or game. These competitions are adjudicated by licensed sport officials.
Skill Development Plan	The club must develop and present a skill development plan that includes rat criteria for tryouts, practice schedule development, equipment purchase, and drills.	The club must develop and present a skill development plan that includes rating criteria for tryouts, practice schedule development, equipment purchase, and drills.	No skill development plan is required.	
Fundraising	The sport club is required to plan and execute a fundraising plan to generate thirty percent (30%) of their allocation or \$1,000, whichever amount is greater.	The sport club is required to plan and execute a fundraising plan to generate twenty percent (20%) of their allocation or \$500, whichever amount is greater.	The sport club is required to plan and execute a fundraising plan to generate ten percent (10%) of their allocation or \$250, whichever amount is greater.	



# **Appendix C: Classification of Current Sport Clubs**

Equestrian

ESports

Rugby (Men's)

Rugby (Women's)

Saluki Bassers

Soccer (Men's)

Volleyball (Women's)

Waterski

Recreational Tier

Barbell
Baseball
Boxing
Climbing
Fencing
Medieval Combat
Volleyball (Men's)
Wrestling





# **Appendix D: Prospective Sport Club Checklist**

#### **Checklist**

- ✓ Check Saluki Connect for the current roster of Registered Students Organizations (RSOs).
- ✓ Complete the RSO registration process.
- ✓ Once the RSO registration process is complete, review the following items:
  - Sport Club Handbook
  - o Sport Club Webpage
- ✓ Email the RSS Competitive Sports Coordinator to schedule a meeting.
- ✓ Complete the meeting with the Competitive Sports Coordinator.
- $\checkmark$  After the meeting, complete the following item(s)
  - o Prospective Sport Club Application
  - Budget Worksheet Projected FY
- ✓ Meet with the RSS Competitive Sports Coordinator to discuss your application and fiscal management plan.
- ✓ Present to the sport club council during the Fall Semester for Spring admission into the sport club program.

#### Formal Presentation

The digital presentation and budget worksheet – projected FY should be submitted via email at least twenty-four hours prior to the scheduled meeting time. The presentation has two required elements:

- ✓ Digital Presentation
  - o The presentation should last no more than thirty (30) minutes, leaving thirty (30) minutes for discussion.
  - The presentation should be submitted in one or more of the following file formats:
    - Microsoft PowerPoint (PPT)
    - Portable Digital Format (PDF)
    - Google Slides
- ✓ Budget Workbook Projected FY
  - o The budget workbook is a Microsoft Excel document. Please do not use non-Microsoft Office software to complete the workbook.

Please address the following questions in your presentation:

- ✓ Why should your RSO be accepted into the Sport Club Program?
- ✓ How is your RSO going to benefit the Sport Club community?
- ✓ What is your RSO leadership structure?
- ✓ Member Recruitment and Retention
- ✓ Club Goals (Annual & Long Term)

- ✓ Choice of and Explanation of actual or potential national/regional affiliation (NGB)
- ✓ Typical or Anticipated Travel Schedule
- ✓ Facility Space and Equipment Needs
- ✓ Risk Management Plan
- ✓ Coach/Instructor Recruitment
- ✓ Financial Management Plan (Projected Budget)
- ✓ Fundraising/Sponsorships/Donations

#### **Decision Process**

- ➤ Once the presentation has been completed, the Sport Club Council and RSS Professional Staff may ask questions and provide recommendations.
- > The Sport Club Council will vote on accepting or rejecting the RSO's application.
- > The Competitive Sports Coordinator will consider feedback from the Sport Club Council, Sport club Advisory Board, and RSS Professional Staff before making a final decision.
- Once a decision has been finalized, the RSS Competitive Sports Coordinator will meet with your RSO's leadership team to discuss the next steps.



# **Appendix E: Annual Report Rubrics**

# **Digital Presentation Rubric (15 points)**

- ✓ Requirements 5 Points
   ✓ Organization 5 Points
   ✓ Presenters 5 Points

		1	2	3	4	5
Multimedia Presentation Rubric	Requirements	The presentation has numerous grammatical, spelling, and formatting errors. The presentation was not submitted in the requested file format. The requested file was not submitted at least fifteen minutes (15:00) prior to the club's scheduled meeting.		The presentation has noticeable grammatical, spelling, and formatting errors. The presentation was submitted in the requested file format. The requested file was not submitted at least fifteen minutes (15:00) prior to the club's scheduled meeting.		The presentation is free of grammatical, spelling, and formatting errors. The presentation was submitted in the requested file format. The requested file was submitted at least fifteen minutes (15:00) prior to the club's scheduled meeting.
	Organization	None of the elements are included in the presentation. The presentation is ineffective.	Some of the elements have been included as requested. Elements are not presented in the requested sequence. Elements do not address their topic.	All elements have been included as requested. Elements are not presented in the requested sequence. Elements do not address their topic.	All elements have been included as requested. Required elements are not presented in the requested sequence. All required elements address their topic.	All elements have been included as requested. All required elements are presented in the requested sequence. All required elements address their topic.
Mu	Presenters	Presenters are not appropriately dressed and completely unprepared to discuss their club. The presenters cannot effectively answer questions.	Presenters are not appropriately dressed (business casual). Most officers are not actively involved in the presentation. The presenter's speech is problematic. Officers cannot effectively answer questions.	Presenters are appropriately dressed (business casual). A few officers are not actively involved in the presentation. Speech is clear, professional, and appropriate. Officers effectively answer questions.	Presenters are appropriately dressed (business casual). All officers are not actively involved in the presentation. Speech is clear, professional, and appropriate. Officers effectively answer questions.	Presenters are appropriately dressed (business casual). All officers are actively involved in the presentation. Speech is clear, professional, and appropriate. Officers effectively answer questions.

# **Budget Workbook Rubric (15 Points)**

- ✓ Requirements 5 Points
   ✓ Current Fiscal Year (FY) Workbook 5 Points
   ✓ Projected Fiscal Year (FY) Workbook 5 Points

		1	2	3	4	5
Budget Workbook Rubric	Requirements	Both workbooks have numerous grammatical, spelling, and formatting errors. The workbooks were not submitted in the requested file format. The requested files were not submitted at least fifteen minutes (15:00) prior to the club's scheduled meeting.	One workbook has numerous grammatical, spelling, and formatting errors. One workbook was not submitted in the requested file format. The requested files were not submitted at least fifteen minutes (15:00) prior to the club's scheduled meeting.	Both workbooks have noticeable grammatical, spelling, and formatting errors. The workbooks were submitted in the requested file format. The requested files were not submitted at least fifteen minutes (15:00) prior to the club's scheduled meeting.	Both workbooks have some grammatical, spelling, and formatting errors. The workbooks were submitted in the requested file format. The requested files were submitted at least fifteen minutes (15:00) prior to the club's scheduled meeting.	The workbooks are free of grammatical, spelling, and formatting errors. The workbooks were submitted in the requested file format. The requested files were submitted at least fifteen minutes (15:00) prior to the club's scheduled meeting.
	Workbook - Current FY	The workbook fails to effectively document revenue sources and expenses for the current FY.	The workbook fails to effectively document revenue sources or expenses for the current FY.	The workbook effectively documents some revenue sources and expenses for the current FY.	The workbook effectively documents most revenue sources and expenses for the current FY.	The workbook effectively documents all revenue sources and expenses for the current FY.
	Workbook - Projected FY	The workbook fails to effectively represent projected revenue sources and projected expenses for the current FY.	The workbook fails to effectively represent projected revenue sources or projected expenses for the current FY.	The workbook effectively represents some projected revenue sources and projected expenses for the current FY.	The workbook effectively represents most revenue sources and expenses for the current FY.	The workbook effectively represents all revenue sources and expenses for the current FY.



# **Appendix F: Cargo Trailer Policy, Guidelines, and Procedures**

### **General Policy**

- The enclosed cargo trailer is the property of Southern Illinois University Carbondale.
- Physical alteration of the trailer is prohibited.
  - o A sport club may not affix any emblems, stickers, license plates, or memorabilia to the cargo trailer.
  - o A sport club may not permanently alter the configuration of the cargo trailer's interior.
- Recreational Sports and Services may restrict usage of the enclosed cargo trailer for any reason.
- Usage of the cargo trailer is voluntary and not required for sport club participation.
- Sport club members accept responsibility when choosing to attach the cargo trailer to their personal vehicle. Southern Illinois University Carbondale and Recreational Sports & Services are not responsible for any personal vehicle damage in the operation of the trailer.

### **Trailer Reservation Priority List**

- When two or more clubs request usage of the trailer, the following list will determine which clubs will be allowed to use the trailer:
  - SIU Waterski Club
  - Other Sport Clubs

#### **Trailer Reservation Process**

- A sport club representative will request cargo trailer use via the RSS travel request form.
- If the request is approved, the sport club will need to schedule an appointment to check out the trailer keys and secure the cargo trailer.
- The member will complete the cargo trailer renal agreement and key check out log.
- Before departure, the sport club member will complete the Sport Club Cargo Trailer Inspection Form.

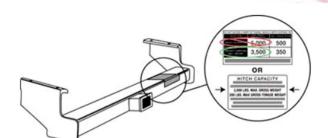
#### **Guidelines for Operation**

- The sport club members will follow all posted signs on the cargo trailer.
- All trailer doors and gate latches must be secured before vehicle operation.
- Reduce your normal driving speed and do not exceed 55 mph.
- Leave extra time and distance between you and other vehicles.
  - o As a rule of thumb, leave about 4-5 seconds between you and the vehicle in front of you.
- When passing, know that you will require more space than normal to pass.
  - Avoid passing on two-lane roads.
- Gradually apply the brakes early to avoid collisions.
- Avoid trailer sway.
  - o Crosswinds, large trucks, downhill grades and high speeds can lead to trailer sway.
  - o Trailer sway can also be caused by incorrect cargo.
  - o If you experience trailer sway, take your foot off the gas and steer straight.
    - Do not apply the brakes
    - Do not attempt to steer right or left.
- No individual shall occupy the trailer when the trailer is in motion. Passengers cannot ride in or on the cargo trailer during vehicle operation
- The wheel lug nuts should be checked and, if necessary, tightened at key points:
  - o During inspections
  - After the first ten (10) miles to the destination or to Carbondale
  - o After the first twenty-five (25) miles to the destination or to Carbondale
  - o After the first fifty (50) miles to the destination or to Carbondale
- When the trailer is parked, a wheel chock should be placed on the front and back of each trailer tire.

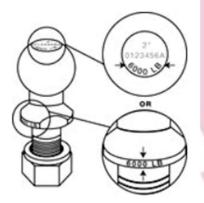


#### **Determining Vehicle Appropriateness**

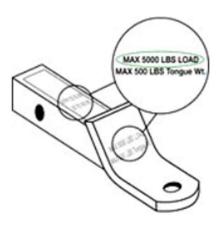
- The towing capacity of the chosen vehicle should meet or exceed 3000 pounds (1361 kgs).
  - Please account for the weight of the driver, passengers, vehicle payload, trailer, and trailer cargo when determining your vehicle's ability to safety tow the trailer.
- The towing capacity of the vehicle is equal to the hitch system rating.
- The hitch system rating is equal to the lowest rating among the three components of the vehicle hitch system: hitch, hitch ball and ball mount.



Your hitch's maximum tow weight rating can usually be found on a label on the hitch itself.



You can find your hitch ball rating on the top of the ball, or around the base of the shank.



The rating for your ball mount is usually on a label on the mounting plate or along the shaft that goes into your receiver.

- Your towing capacity is equal to the lowest rating among the three components.
- The driver of the vehicle is solely responsible for determining if their vehicle meets or exceeds the recommended towing capacity. The Competitive Sports Office highly recommends that the driver checks with the manufacturer to verify the towing capacity of the vehicle.



#### **Trailer Cargo Loading Guidelines**

- Prohibited cargo
  - Hazardous materials
  - Corrosives
  - o Explosives
  - o Flammable materials
- The maximum weight of all cargo shall not exceed 1500 lbs. at any point during the approved travel period.
- Distribute your cargo as evenly as possible between the entire length of the trailer.
  - As a rule of thumb, sixty percent (60%) of the weight of the cargo/equipment should be nearer the front of the trailer than the rear.
  - o Load heavier equipment nearer the tongue/neck of the trailer, and place lighter equipment closer to the
  - Avoid uneven left/right loads.
  - o These uneven loads can not only cause abnormal tire wear, wheel, or even axle damage, but also result in dangerous swaying while driving.

### **Trailer Inspection**

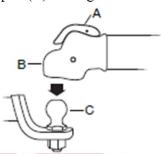
- The trailer inspection should be conducted at key points during travel:
  - o Before departure from the Student Recreation Center
  - o Arrival at the destination
  - Departure from the destination
  - Arrival at the Student Recreation Center
- Inspection List
  - Trailer Exterior & Interior
  - Electronic Turn signals
  - o Air pressure of all tires, including the spare tire.
  - Wheel lug nuts are secured.
    - When necessary, the wheel lug nuts should be tightened within manufacturer specifications.
  - o Trailer Hitch & Vehicle Ball connection
  - Door and gate latches are secured.
- If any of the inspected items are found deficient, the trailer cannot be moved until all deficiencies have been remedied.



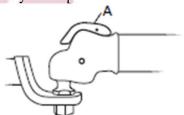


#### **Connecting the Trailer**

- 1. Remove the trailer coupler lock and trailer lever lock.
- 2. Ensure that the hitch ball (C) and trailer coupler (B) are aligned.



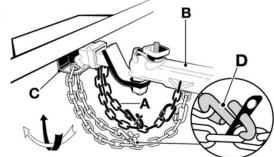
- 3. Lower the trailer coupler onto the ball by turning the handle of the trailer jack
- 4. The coupler should fit securely onto the hitch ball.
- 5. Check that the release-lever (A) is in the fully down position to be sure coupler is secured.



- 6. If the lever does not stay in the fully down position, reposition the vehicle or trailer to adjust alignment.
- 7. Once the trailer coupler and hitch ball are secured, reinsert the trailer coupler level lock.
- 8. Attach the safety chains.
  - a. Refrain from attaching chains to the ball or to a ball mount that is removable.
  - b. The left chain (A) crosses underneath the trailer tongue (B) and hooks to the right side of the tow vehicle permanent hitch (C), "D"-rings, frame or structure, or to the tow vehicle bumper brackets.
  - c. The right chain hooks to the left side in the same manner.
  - d. Crossing the chains under the tongue allows the minimum amount of slack for turning.
  - e. The "S" hooks (D) on safety chains can be hooked to the attachment holes on the hitch, if present, or passed through these holes and hooked back to a link in the chain.
  - f. Control safety chain slack by hooking the chain back to itself or by twisting the links to shorten.
- 9. Remove the wheel chocks and store them in the trailer.



- 1. Place all four (4) wheel chocks into position.
  - a. A wheel chock should be placed on the front and back of each trailer tire.
- 2. Remove the trailer coupler lever lock.
- 3. Lift the trailer coupler lever into the upright position.
- 4. Raise the trailer coupler by turning the handle of the trailer jack.
- 5. Remove the safety chains.
- 6. Lower the trailer coupler lever and insert the coupler lever lock.
- 7. Place the trailer coupler lock into position.





# **Appendix G: Compliance Checklist**

# Requirements

	Fall Involvement Fair	5
	Spring Involvement Fair	5
Meetings & Events	Fall Meeting	10
	Spring Meeting	10
	Annual Report	30
	October Meeting	5
Council Meeting Attendance	November Meeting	5
Council Meeting Attendance	March Meeting	5
	April Meeting	5
	Presidential Training	10
Sport Club Officer Training	Treasurer Training	5
	Safety Officer Training	5

#### **Deductions**

## Failure to Submit a Weekly Report

✓ All Offenses – 2 Point Deduction, Potential Downgraded Club Status

## Failure to Submit an Incident/Accident Report Form

✓ All Offense – **5 Point Deduction**, Potential Downgraded Club Status

#### **Points Breakdown**

Points	Percentage of Final Allocation Awarded
100 – 90	100%
89 – 80	90%
79 - 70	80%
69 - 60	70%
59 - 50	60%
49 - 40	50%
39 - 30	40%
29 - 20	30%
19 – 0	No Allocation Awarded

